



CENTRO ESPECIALIZADO DE SALUD MENTAL

COMISIÓN DE SALUD MENTAL DE AYACUCHO

MENTAL HEALTH COMMISSION OF AYACUCHO

1. Short information:

COSMA began in 2003 with the initiative of Sister Anne Carbón missionary of Columban who together with other persons in 2007 legally constitute the Mental Health Commission of Ayacucho - COSMA. November 5th, 2010 COSMA is transferred totally to the Brothers of Charity who from then, have developed a model of care based on quality attention and professionalism under the inspiration of the spirituality of their founder Father Peter Joseph Triest and their charism for the development of a “culture of charity”.

COSMA is dedicated at improving the mental health of the population of this region victim in the years 1980s until 2000 of socio political conflicts. Since the foundation COSMA provided some kind of service to more than five thousand people. In March 2012 COSMA obtained from MINSA the category of “Centro Especializado de Salud Mental” 1.3, and is registered in the National Office of Institutions of Health of the country. Moreover a model of attention is developed conform to the international guidelines¹ as to the provision of services of mental health for the region of Latin America, with emphasis on community-based intervention and respect of the rights of the persons who receive treatment for problems of mental health. Also, in regard to the particularities of the region are developed educational activities for the formation and amelioration of professional competency in matter of mental health services in the region.

Since January 2011 el COSMA is organized according the services it offers in four departments:

1. Clinical department
2. Integral rehabilitation department
3. Community mental health department
4. Mental handicap department (Program of Special Educational “Caminito de la Esperanza”)

¹ Declaración de Caracas: Adoptada en Venezuela, el 14 de noviembre de 1990 por la Conferencia sobre la Reestructuración de la Atención Psiquiátrica en América Latina dentro de los Sistemas Locales de Salud (SILOS) convocada por la Organización Mundial de la Salud/Organización Panamericana de la Salud (OPS/OMS)



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2. Data of the Institution:

Type of Institution	DAY CENTER
Classification	SPECIALIZED MEDICAL CENTER
Legal Name	COMISION DE SALUD MENTAL DE AYACUCHO
Commercial Name	CENTRO ESPECIALIZADO DE SALUD MENTAL DE AYACUCHO
Ownership	PRIVATE
Nº Tax Registration (R.U.C.)	20494443113
Company name	COMISION DE SALUD MENTAL DE AYACUCHO
Address	JR.SOL Nº 637
Department	AYACUCHO
Province	HUAMANGA
District	AYACUCHO
Telephone	066-327189 / 970968123
Document Operation	MUNICIPAL LICENCE
Nº Doc. Operation	201002481
Date of creation by Resolution	22/06/2007
Nº of the Resolution creating the institution	ARCHDIOCESAN DECREE Nº 053-2007
Date of constitution for the SUNARP	05-11-2007
Nº of participation in SUNARP	11049512
Date of beginning of operation	25/02/2008
Date of recognition by RENAES	14-03-2012
CODE N°	000012257



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3. Situation of the Institution

Status	ACTIVE
Situation	REGISTERED
Condition	OPERATING

4. Data of the President of COSMA

Name	JIMI ANTONIO HUAYTA RIVERA
Type of Doc. of Identity	DNI
Nº Doc. Identity	10404360
Professional Membership	COLLEGE OF PSYCHOLOGISTS OF PERÚ
Nº of membership	16762
Nº Mobile phone	970968118 / #233069
Electronic Mail	jimi.huayta.fc@fracarita.org.pe

5. Data of the General Director General of COSMA

Name	KATTY CRISTINA DE LA CRUZ VELÁSQUEZ
Type of Doc. of Identity	DNI
Nº of Doc. Identity	41741116
Professional Association	NURSE ASSOCIATION OF PERÚ
Nº of membership	52648
Nº Mobile phone	966510106 / #055311
Electronic Mail	cristina.vel@fracarita.org.pe



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6. Data of Institution:

Mission

We are a Center Specialised in Mental Health in the region of Ayacucho working in a multidisciplinary way to provide quality attention with priority to vulnerable persons and families. Under the inspiration of Father Peter Joseph Triest we develop Love, Service and Integral care in order to improve the quality of life of our clients thanks to a proper infrastructure, a community-based model and a team of professionals in permanent training.

Vision

To be a an institution model in mental health care with focus on the community at regional level, networking with institutions both public and private, on base of professional specialisation, social reinsertion and full respect to the rights of the person.

Values

- Solidarity
- Responsibility
- Respect
- Loyalty
- Honesty
- Commitment

Principles

- We are client centered
- Human treatment
- Quality
- Efficacy
- Team work
- Professionalism

Objectives

Radiate charity, solidarity and social justice in the Ayacucho region defending the dignity the person with different problems of mental health, promoting total care, rehabilitation, reinsertion and participation at the development of the country.

Main goals

- A. Contribute to improve the quality of life of the most vulnerable persons through services and programs in mental health.
- B. Maintain and promote the defense of the gift of life, health, human dignity, justice and peace.
- C. Promote mental health through prevention of risks and damages due to mental disorders and psychosocial problems in the region of Ayacucho.
- D. Develop programs of integral rehabilitation based on productive reinsertion of the person with handicap.
- E. Promote the respect of the rights of the persons with problems of mental health and coordinate with organisations and institutions of similar objective.

Target Group

Population poor and indigents

Type of Intervention

Community model

Jr. Sol 637 Huamanga – Ayacucho Perú

Telf. (066) 327-189 / 966-510106 / RPM #055311- E-mail cristina.vel@hermanosdelacaridad.org



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COMISIÓN DE SALUD MENTAL DE AYACUCHO

Professionals

PROFESIONALS FULL TIME:

1. Clinical department: Multidisciplinary team
 - 02 Psychiatrists
 - 03 Psychologists
 - 04 Nurses
 - 01 Social workers
 - 01 Pharmacist
2. Integral Rehabilitation Department: Multidisciplinary team
 - 01 Psychologist
 - 02 Nurses
 - 01 Social worker
 - 01 Technician in nursing
3. Mental handicap Department
 - 02 Educators
 - 02 Occupational therapists

PROFESSIONALS PART TIME:

4. Community Mental health Department: Multidisciplinary team
 - 01 Psychologist
 - 01 Nurse
 - 01 Social worker
 - 01 Technician nurse

Schedule of attention

- Department of Mental handicap 7:30 a.m – 13:30p.m
- Department of Rehabilitation Integral 7:00 a.m – 14:00p.m
- Department Clinical 7:00 a.m – 14:00p.m, 12:00 p.m – 19:00p.m & 7:00 a.m – 19:00p.m



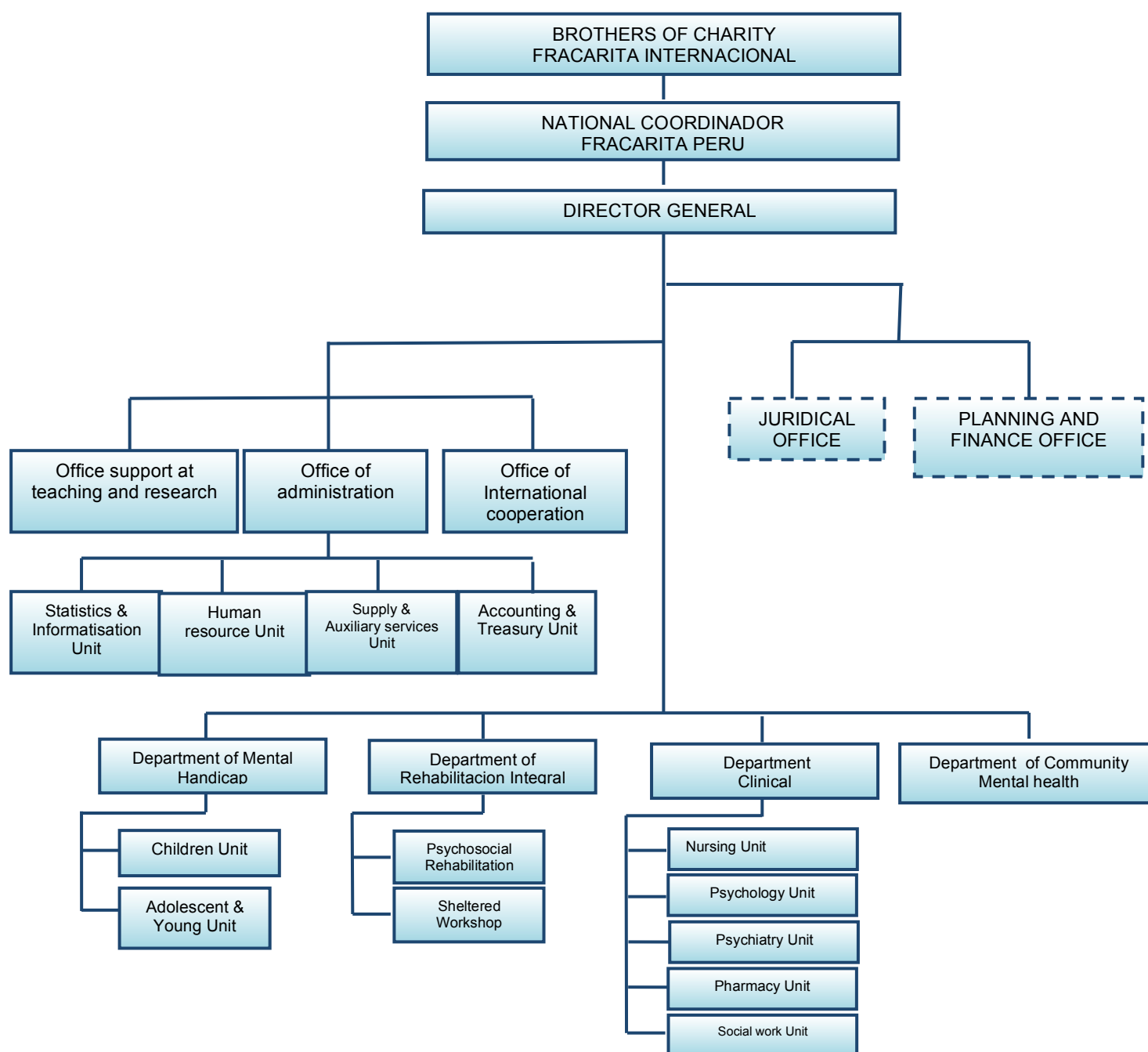
CENTRO ESPECIALIZADO DE SALUD MENTAL

COMISIÓN DE SALUD MENTAL DE AYACUCHO

Organisation chart



ORGANISATION CHART OF THE COMMISSION OF MENTAL HEALTH OF AYACUCHO



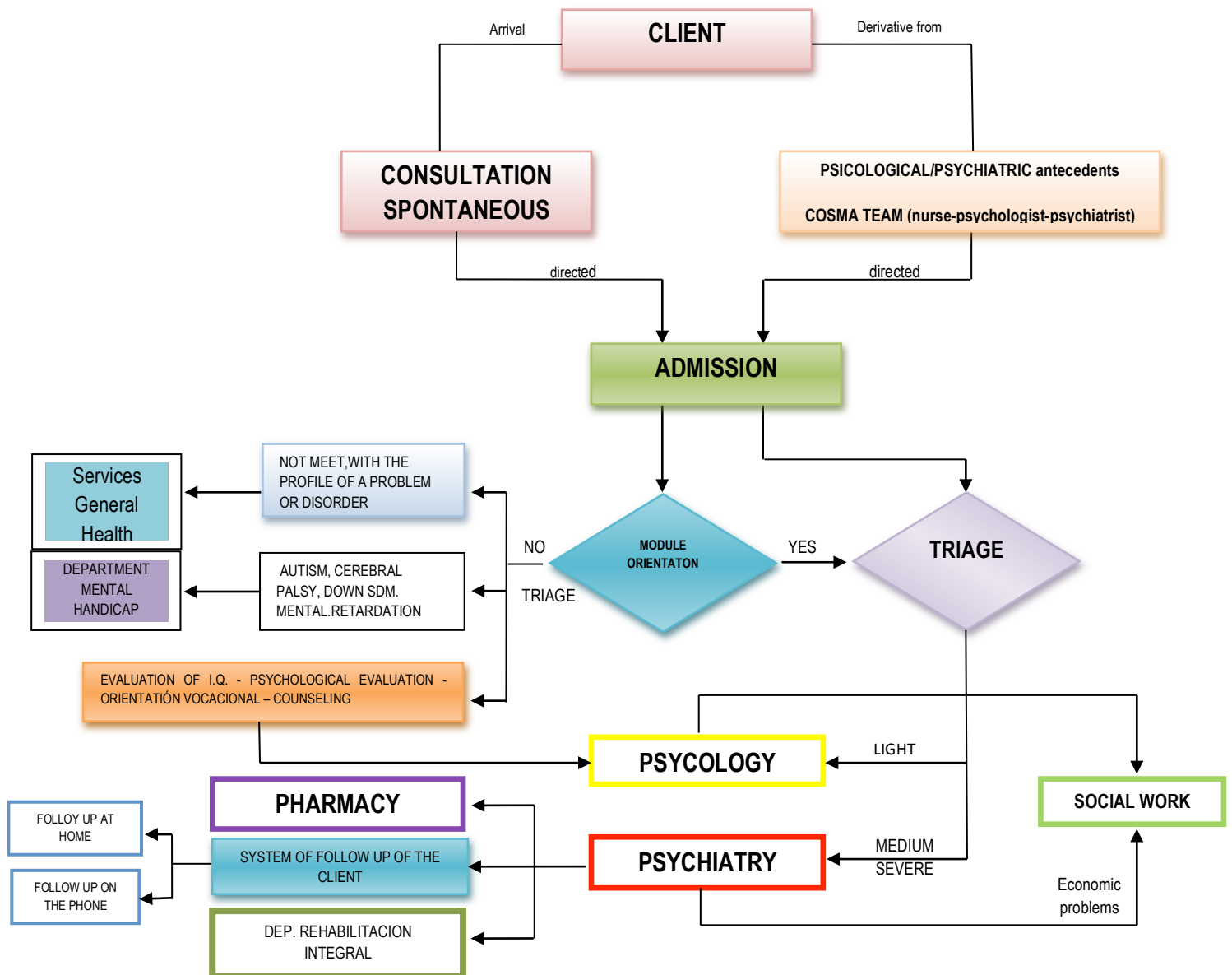
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Flow Chart of Attention

FLOW CHART OF ATTENTION





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Portfolio of Services:

1. PSYCHIATRY: Consultation ambulatory Intramural & Extramural

- Psychiatric attention to children & adolescents
- Psychiatric attention to adults & geriatric
- Psychiatric attention to family
- Psychiatric attention to addicts

2. PSYCHOLOGY:

- Psychotherapy individual for children & adolescents
- Psychotherapy individual for adults & geriatric
- Psychotherapy individual for addicts
- Psychotherapy for couple
- Psychotherapy for family
- Group therapy: relaxation and alcoholic

3. NURSING:

- Module of Orientation
- Triage (Opening of Clinical history)
- Nursing attention
- Intravenous injection
- Sessions of reinforcement to treatment
- Workshop on adhesion to integral treatment.

4. SOCIAL WORK:

- Evaluation Economic
- Evaluation Social
- Follow up at home for support of family.
- Networking of community cooperation.

5. PHARMACY:

- Provision, control and verification of use of psychoactive drugs
- Orientation and information as to the correct use of the medicine.



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Care Packages:

1. Schizophrenia

Type of intervention	Description of Intervention	N° of interventions	Observations
Diagnostic	Consultation Psychiatric ambulatory	1	Resistant
	Consultation of emergency psychiatric	1	Acute symptoms
Treatment	Consultation ambulatory (Nurse)	1	
	Treatment pharmacological	monthly	Acute case
Follow up	Consultation ambulatory (Nurse)	quarterly	

2. Anxiety

Type of intervention	Description of intervention	N° de interventions	Observations
Diagnostic	Consultation Psychiatric ambulatory	1	Panic crisis
Treatment	Psychotherapy Individual	16	
	Consultation ambulatory medicinal (Nurse)	1	
	Consultation Psychiatric ambulatory	2	Panic crisis
	Treatment pharmacological	Monthly	Acute cases
Follow up	Consultation Psychiatric ambulatory	2	Panic crisis
	Consultation ambulatory (Nurse)	2 per month	

3. Depression

Type of intervention	Description of Intervention	N° of interventions	Observations
Diagnostic	Consultation Psychiatric ambulatory	1	Case medium
	Consulta ambulatoria en Medicina Interna	1	
Treatment	Psychotherapy Individual	20	
	Consultation Psychiatric ambulatory	7	
	Treatment pharmacological	Monthly	
Follow up	Consultation medicinal	2	
	Consultation Psychiatric ambulatory	8	
	Consultation ambulatory (Nurse)	2 per month	
	Psychotherapy individual control	12	Case light and medium

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4. Alcoholism

Type of intervention	Description of Intervention	N° of interventions	Observations
Diagnostic	Consultation Psychiatric ambulatory	1	
	Consultation ambulatory Medicine Interna	1	
	Control psychology	1	
Treatment	Psychotherapy Individual	¿?	
	Treatment pharmacological	monthly	
Follow up	Psychotherapy individual	¿?	
	Consultation ambulatory (Nurse)	2 per month	
	Consultation Psychiatric ambulatory	monthly	

7. Data on the Congregation of the Brothers of Charity - Fracarita International

Short description

The Congregation of the Brothers of Charity – Fracarita International is an organization with more than 205 years of multidisciplinary and integral attention to Mental Health, whose mission is the development of the “Culture of Charity”. The civil nonprofit association pretends to radiate charity, solidarity and social justice in the region of Ayacucho through various services of attention.

Name of the Founder of the Brothers of Charity

Father Peter Joseph Triest

Place of foundation

Belgium

Name of Superior general and President of Fracarita International

Brother Rene Stockman

Name of the Superior Regional of Nicaragua & Peru

Brother Richard Bardier

Name of the Coordinator of Fracarita Peru

Brother Jimi Huayta Rivera

Priorities

Provide care to the most vulnerable population

Organizational basis

Good Infrastructure, Organisation & Professionalism centered on the client, the family and the collaborators.