



NGO Brothers of Charity
International cooperation

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2015 was the year of "Breaking the chains". Two hundred years ago, in 1815, the first Brothers of Charity broke the chains of the psychiatric patients who were imprisoned in Gerard the Devil's Castle in Ghent, Belgium. This meant a true revolution in those days and the start of a totally new care for people with mental illness. Mental health care was born in Belgium, and from there on out, the Brothers of Charity did not stop developing a genuine network of mental health care, including in other countries. Even today, there are still places where psychiatric patients are in prison and completely abandoned by society. They are no longer seen as human beings. "Breaking the chains" therefore remains our task on so many levels: breaking chains of iron, but also the chains of stigmatization, the chains of exclusion and discrimination, the chains of all kinds of addictions.

Fracarita International, the international NGO of the Brothers of Charity, supports this movement of "Breaking the chains" all over the world. This year, we have taken several new initiatives in the field of mental health care. With constant attention, in our existing facilities, brothers and their co-workers are always looking how they can improve the quality of care with charity, which manifests in high professional therapy and care.

Mental health care, the care of people with a disability, and education are the core activities of the Brothers of Charity. Fracarita International is there to support the development of these activities in 19 countries worldwide. This is of course through financial support for the creation of new initiatives, for the running costs of the existing initiatives, as well as support for the training of our co-workers and staff, which is always a focus point.

In a very special way, Fracarita International tries to enhance the self-sustainability of its partners. Local income-generating initiatives are encouraged, and every region is invited to develop one or more of such initiatives. Fracarita International also organizes a few larger initiatives to support local education and care programmes.

Finally, Fracarita International, as an NGO with consultative status to the United Nations, retains its task to participate in the advocacy of those we serve, particularly people with mental illness and people with a disability.

We are grateful for the support we received from several organizations and private donors, and we continue to encourage our collaborators worldwide for their daily dedication. We hope that this annual report gives you an accurate picture of the mission and activities of Fracarita International.



Bro. Dr. René Stockman General superior Brothers of Charity

# Mission

# International governance

Fracarita International is a **not-for-profit** organisation of the Congregation of the **Brothers of Charity** whose aim is to support the services of the congregation especially in **Latin America**, **Africa and Asia**. It will exercise this task in line with the mission of the Brothers of Charity which is oriented to radiate God's love in the world, especially in the lives of the most vulnerable people through concrete works of charity in the fields of **mental health care**, **care for people with a disability** and **education**.

\*\*\*\*\*\*

Fracarita International will fulfil its mission through concrete support to the services developed by the Brothers of Charity with special attention being given to capacity-building, coaching, exchange of knowledge and expertise, international fundraising and influencing policymakers. Through the creation of regional fundraising offices in several countries, Fracarita International will try to find new funds for projects.

A network of **continental** and **regional coordinators** has been established in order to improve professionalism in the services and enhance the local capacity for **self-reliance** 

through better management and a higher level of creativity and skills in setting up initiatives for local fundraising and income generating activities.

As a not-for-profit organisation with a special consultative status to the **United Nations**, Fracarita International respects a **human rights** based approach and will play its role as an advocate for those whose rights are not respected because of their specific life situation.

In order to achieve these objectives, Fracarita International will always be open to **collaboration** with other groups who share the same vision.

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Through its activities, Fracarita International, in line with the Social Doctrine of the Catholic Church, will serve humanity and especially those whose human dignity is at risk. In line with the mission of the Brothers of Charity, Fracarita International will help to improve the quality of life and contribute to a more humane society where there is a place for the poor and the weak.

▼ Gatagara, Rwanda



When the governance structure of Fracarita International was developed, special attention was paid to ensure that the organisation is not only in word but also in deed a truly **international** organisation. Brothers and co-workers from different parts of the world and with different cultural backgrounds are therefore involved in the governance structure and give direction to the organisation. Cultural diversity really is a gift for our organisation.

Another element that was incorporated into the governance structure is the principle of **subsidiarity**. Fracarita International is convinced that many tasks could be performed more effectively and in a more sustainable way at country level than at international level. That is why the 18 country offices form the centrepiece of our structure and are strongly encouraged to take responsibility with regard to local fundraising, monitoring and training. Nevertheless, Fracarita International continues to support



the country offices by taking up activities that can best be organised at international level such as international fundraising, stimulating the international solidarity within the congregation, providing training in capacity building to the country offices and international representation.

A third element that is typical of Fracarita International's organisation structure is that the NGO is still **embedded in the congregation**, unlike many other NGOs founded by religious orders. The leading and decision making positions within Fracarita International are still held by the Brothers of Charity themselves to ensure that the congregation and the NGO act along the same lines.

### Governance structure:

### General Assembly:

The General Assembly is Fracarita International's sovereign body. It meets at least once a year.

President: Bro. René Stockman (BEL)

Members: Bro. Jos Mathijssen (BEL), Bro. Jean Mbeshi (DRC), Bro. Victor Hugo Merine Conde (PER), Bro. Adrian Hartotanojo (IDN), Bro. Godfried Bekaert (BEL), Bro. Joel Ponsaran (PHL), Bro. Paulin Kindambu (DRC), Bro. Veron Raes (BEL)

### **Governing Board:**

The Governing Board is the deliberative body responsible for controlling the management activities of the Executive Committee.

President: Bro. René Stockman (BEL)

Members: Bro. Adrian Hartotanojo (IDN), Bro. Jean Mbeshi (DRC), Bro. Victor Hugo Merine Conde (PER), Bro. Jos Mathijssen (BEL)

### **Executive Committee:**

The Executive Committee is the executive body of Fracarita International and supervises the implementation of decisions taken by the General Assembly and Governing Board and represents the organisation at international level.

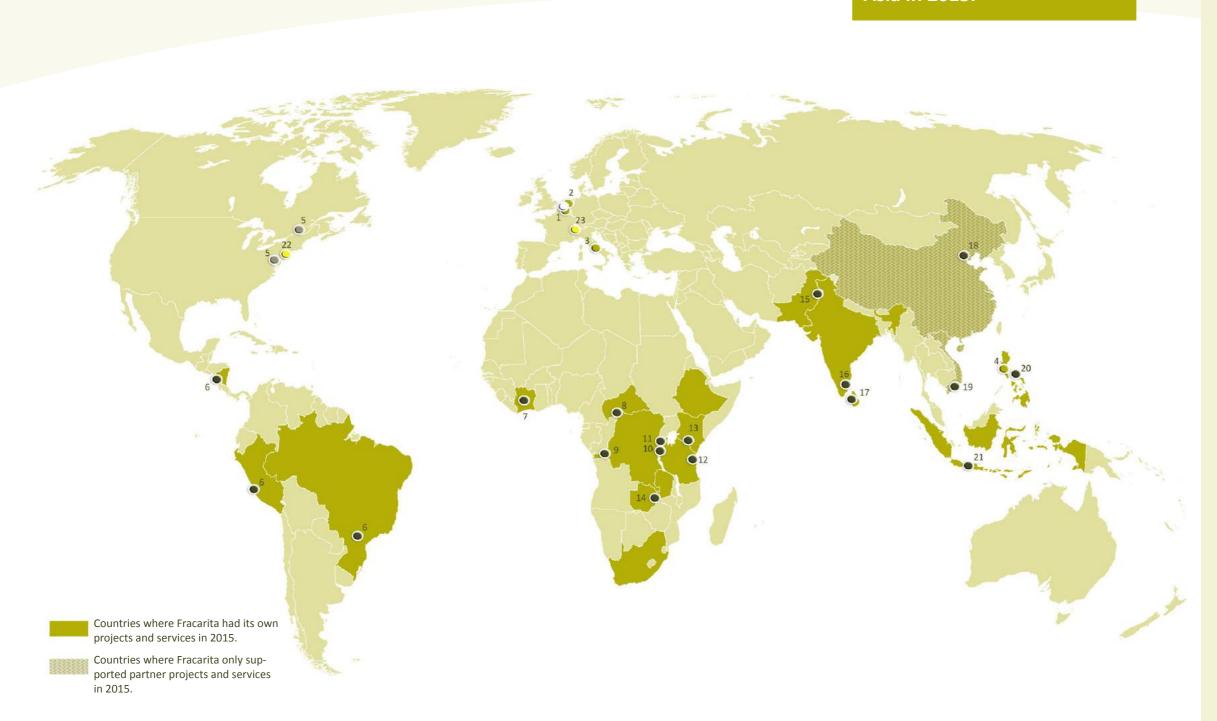
# International Development Office:

This body coordinates and supports the different country offices of Fracarita.

■ See our organisation chart for an overview of our NGO's structure:

# Where does Fracarita International work?

Fracarita supported thousands of people through 112 services in 19 countries in Latin Amercia, Africa and Asia in 2015.





# Head office:

Central services, based in Bruges, Belgium.

# **Regional Fundraising Offices**

Provide material, financial and professional support to the country offices.



- 1. Fracarita Belgium, Ghent
- 2. Fracarita Netherlands, Eindhoven
- 3. Fracarita Italy, Rome
- 4. Fracarita Philippines, Manila



Planned regional fundraising offices:

5. Fracarita Americas (USA + Canada)



# Country offices:

Monitor the project implementation locally and are responsible for local fundraising and income generating activities.

## Latin America

6. Fracarita Latin America, Lima (PER) (Peru + Nicaragua + Brazil)

### Afri

- 7. Fracarita Ivory Coast, Yamoussoukro
- 8. Fracarita CAR, Bangui
- 9. Fracarita DRC, Kinshasa
- 10. Fracarita Burundi, Bujumbura
- 11. Fracarita Rwanda, Kigali
- 12. Fracarita Tanzania, Dar es Salaam
- 13. Fracarita Ethiopia & Kenya, Nairobi (KEN) 14. Fracarita Southern Africa, Lusaka (ZMB)

### Asia

- 15. Fracarita Pakistan, Lahore
- 16. Fracarita India, Karaikudi
- 17. Fracarita Sri Lanka, Ja Ela18. Fracarita China, Beijing
- 19. Fracarita Vietnam, Ho Chi Minh
- 20. Fracarita Philippines, Tabaco
- 21. Fracarita Indonesia, Yogyakarta



# International representation

Representation on international bodies

- 22. ECOSOC, New York, USA
- 23. International Catholic Centre of Geneva, Switzerland

# 3 areas, one objective: human dignity

Fracarita International supports services in 19 countries in Latin America, Africa and Asia in three very specific areas: mental health care, education and care for people with a disability. All 112 services work for different beneficiaries, in different socio-cultural settings and face different problems. But they do share one and the same objective: to restore the human dignity of the most vulnerable people. On the following pages you will find an overview with data for each country where Fracarita International supported services in 2015 in different ways: financially, by supporting their capacity building efforts, by representing them at international fora, by encouraging them to continue the great work of bringing about a change in the lives of so many wonderful people.

# (\*\*

# **MENTAL HEALTH CARE**

When thinking about health challenges in low-income countries, diseases like tuberculosis, HIV/AIDS, malaria, and other tropical diseases quickly come to mind, but few think of mental health. In fact, according to the WHO, three-quarters of those afflicted with mental disorders live in developing countries. Mental disorders are a leading cause of disability globally and represent 14 per cent of the global burden of disease. Despite the enormous health burden, it remains one of the most neglected illnesses.

Research by the American Institute of Medicine (IOM) shows growing levels of mental health disorders particularly in developing countries. Violence, human rights abuses, poverty, gender inequality and low levels of education all exacerbate mental health problems. In many societies it remains a taboo to discuss it openly.

Fracarita International manages to restore the human dignity of thousands of men, women and children by providing mental health care in 35 psychiatric facilities in Sub-Saharan Africa, Asia and Latin America.



▲ Centre Psychiatrique Caraes Butare, Rwanda © Joost Van Heesvelde

# **EDUCATION**

The 2012 report of the United Nations on progress towards the Millennium Development Goals highlights that many developing countries have made significant progress with regard to universal primary education. Enrolment rates of children of primary school age increased significantly in sub-Saharan Africa, from 58 to 76 per cent between 1999 and 2010. In four other developing regions (Northern Africa, Eastern Asia, Latin America and the Caribbean and South-Eastern Asia), the rate increased to at least 95 per cent.

More and more children seem to have access to education, a very positive evolution, but there is still a huge challenge with regard to the quality of education. In many developing countries there is a serious lack of teachers resulting in overcrowded classrooms, lack of school furniture and didactic material, lack of basic teaching skills, ... The drop-out rate is still high in many developing countries, especially among children from disadvantaged groups, which makes it more difficult for them to escape poverty. In 2010, there were 71 million young adolescents (typically aged 12-15 years) out of school around the world, this is about twice the population of a country such as Canada. Millions of young people lack the skills that could help them to improve their own living conditions.

By giving quality education to more than 13.000 vulnerable children and adolescents in more than 50 schools in Sub-Saharan Africa, Asia and Latin America, Fracarita International contributes to make education a dream-come-true for all.



▲ St. Peter's School, Ranchi, Simalia, India

# B

# **CARE FOR PERSONS WITH A DISABILITY**

According to the World Health Organisation, about 15 per cent of the world's population, or more than one billion people, live with some form of disability. The vast majority of these people (80%) live in developing countries. The linkage between poverty and disability seems very strong and goes in both directions. Those who live in poverty are more likely to acquire a disability through malnutrition, poor health care and dangerous living conditions. The World Bank estimates that 20 per cent of the world's poorest people have some kind of disability. Those who already have a disability are more likely to become impoverished because they can hardly participate in the economic and social life of their communities and are forced into a situation of dependency. In most developing countries, supports and accommodations for people with disabilities are not available. The UN cited a figure of more than 350 million people with disabilities living in areas where essential services needed to help them in overcoming their limitations are not available. As a result, people with a disability must depend on their families, but they are mostly too poor to give them the support they need.

Children and adolescents with a disability in developing countries are very likely to end up in the vicious circle of poverty, exclusion and dependency as most of them have no access to any form of education. UNESCO states that 98 % of children with disabilities in developing countries simply do not attend school. Instead they are often shunned, isolated and stigmatized by their community and sometimes even hidden by their families.

In 2015, Fracarita International assisted hundreds of children and adults with disabilities to gain greater independence by providing rehabilitation programmes and special needs education in 25 facilities. With a focus on their abilities instead of disabilities, they could improve their quality of life.



# Burundi

# Central African Republic

# Providing mental health care in one of the world's poorest countries.

Since:	1979
Coordination	Bro. Hippolyte Manirakiza
Brothers:	15
Co-workers/volunteers	71

SERVIC	ES IN	N BURUNDI:	PLACE
	2.	Centre de Soins Mentaux St. Camille Centre Neuro-Psychiatrique Kamenge Centre Neuropsychiatrique de Ngozi	Gitega Bujumbura Ngozi



# **REMARKABLE IN 2015:**

# New hall for therapy and psychiatric conferences

The Centre Neuro-Psychiatrique Kamenge (CNPK) opened a new hall for therapy and psychiatric conferences in October 2015. The polyvalent hall can accommodate at least 700 persons.

CNPK is a referral hospital for mental health care in Burundi's capital Bujumbura and the only one in the country for quite a long time. In 2015, the CNPK treated more than 12,000 patients.

The new hall is an initiative of CNPK, supported by Fracarita Burundi. The hall was financed with local contributions. The hall will mainly be used for therapy, especially relaxation exercises, but it will also host conferences on various topics related to mental health care (child and adolescent psychiatry, psychoactive substances, post-traumatic stress disorders...). Thirdly, it will also serve as an income generating project as it can be hired for different purposes.

# 2 Burundi extends support to underprivileged psychiatric patients

In February 2015, the Burundian Ministry of National Solidarity agreed, after lobbying by Fracarita Burundi, to extend its support programme for patients who don't have the financial means to pay for their medication and hospital fees

Thus far, only patients who receive treatment at the neuropsychiatric centre of Kamenge in the capital Bujumbura could benefit support from the ministry, but now also the patients in the mental health centres of Gitega (central Burundi) and Ngozi (northern Burundi) can apply for financial assistance from the government. This will allow the patients to purchase the medication they need locally and will significantly reduce this risk of relapse.



# Restoring the dignity of marginalised people and giving new perspectives in a destabilised nation.

Since:			2011	
Coordin	natio	on	Bro. Théophile Luenge	
Brother	rs:		5	
Co-wor	kers	/volunteers	2	
SERVIC	SERVICES IN THE CENTRAL AFRICAN REPUBLIC: PLACE			PLACE
OTHER	1.	Social service	at Bangui prison	Bangui
	2.	Centre Psychi	atrique	Bangui



= location with services of Fracarita CAF

# **REMARKABLE IN 2015:**

# New initiative: 'Centre Psychiatrique', Bangui

The Brothers of Charity started establishing a psychiatric consultancy service in Bangui, which would primarily focus on children and youngsters with post-traumatic stress disorders. This can grow into a full-service psychiatric centre. The mental health care that is currently being provided by the government, is completely inadequate. There are only 24 beds for psychiatry in the general hospital and a part-time doctor for a population of over 5 million inhabitants... Harrowing. Furthermore, the patients have to buy their medicines from the pharmacy themselves. However, psychotropic medication is often unavailable there, or is too expensive for the desperately poor population.

Consequently, most patients don't get the care they need or only get psychosocial help for a very short time, provided by an emergency aid organisation, but without permanent follow-up afterwards. Even their family doesn't know what to do and a lot of people end up on the street. Social exclusion and a lack of medical care take them further down. With a permanent psychiatric consultation office, that will be run by the local brothers and with the support of local contributors, the Brothers of Charity are establishing a sustainable initiative for mental health care, an initiative that can help the local population, even in the long term.



# DR Congo

# Mental health care, care for people with disabilities and education for a vulnerable but resilient population.

Kananga

Bukavu

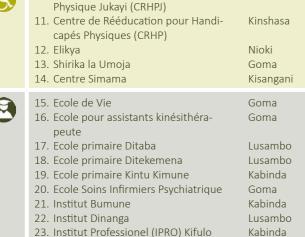
Kisangani

Kisangani

Kisangani

Since:	1911
Coordination	Bro. Ernest Ciza
Brothers:	81
Co-workers/volunteers	889

### **SERVICES IN DR CONGO:** PLACE 1. Tulizo Letu Goma 2. Jukayi, département Santé Mentale Kananga 3. Centre Neuro-psychiatrique Pierre Lusanga Kikwit Joseph Triest 4. Centre Neuro-psychiatrique Dr. Lubumbashi Joseph Guislain 5. Centre Psychiatrique Shabunda Shabunda 6. Centre Psychiatrique SOSAME Bukavu 7. Centre Psychiatrique Uvira Uvira Simama, département Santé Kisangani Nioki Centre Elikya, département Nioki Santé Mentale 10. Centre de Rééducation et Handicapé



24. Institut Technique Fundi Maendeleo

25. Institut Technique Professionel (ITP)

26. Ecole spéciale Monzoto

28. Ecole professionnele Rafiki 2

27. Ecole spéciale Rafiki 1







▲ Ecole de Vie, Goma © Joost Van Heesvelde

# **REMARKABLE IN 2015:**

# • Annual campaign Fracarita Belgium (see p. 47)

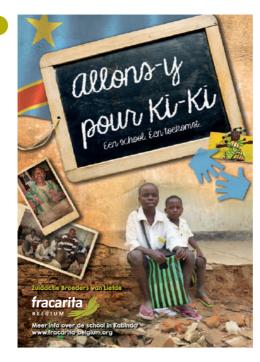
Fracarita Belgium launched its annual lent campaign ("Zuidactie" in Dutch) in a school of the Brothers of Charity in Aalter (Belgium) on 20 January 2015. This campaign raised money for the primary school "Kintu Kimune" in Kabinda (DR Congo's Eastern Kasai Province). Two of the four buildings of this school were at risk of collapse and the other buildings needed urgent renovation. There was also a huge lack of school furniture such as school benches and blackboards.

The different facilities and services of the Brothers of Charity in Belgium participated in the campaign by informing their pupils, students, patients and clients about the campaign's theme and by organising a whole range of fundraising activities for the school in Kabinda.

# **2** Reconstruction of technical school in Kabinda

The construction works of the technical school of the Brothers of Charity in Kabinda (Kasai Oriental Province, DR Congo) were proceeding as planned in February 2015. The school buildings were severely affected by the ravages of time and had to be rebuilt.

The technical school Kifulo, meaning "Love", was founded approximately one hundred years ago. Its students are trained to become qualified carpenters, electricians, construction workers or plumbers. Earlier in 2015, a truck with some very essential tools and equipment for the technical school was shipped from Belgium to DR Congo. The new tools will be used by the students to renovate and rebuild the adjacent primary school of the congregation. Fracarita Belgium raised money through its annual campaign to buy the necessary construction materials for the renovation and construction works of the primary school.



# **S** Congolese classroom at EU open doors

On Saturday 9th May 2015, the European Institutions opened their doors to the general public. The central theme was the European Year for Development. A "development village" was set up in front of the European parliament in Brussels where Fracarita International and Fracarita Belgium had set up a mini "Congolese classroom" to illustrate the congregation's efforts for quality education in DR Congo. Many visitors could be convinced to take a seat in our Congolese school desk and take a selfie to show their solidarity with pupils in Congo who have to attend school in overcrowded and sometimes even unsafe classrooms. Noteworthy visitors of our stand included Belgium's former foreign minister, former European commissioner and current member of the European parliament Louis Michel (see picture), vice president of the European parliament Ulrike Lunacek and Sakharov Prize winners Mrs Hauwa





# Ethiopia

# **Ivory Coast**

# Mental health pioneers in a country with widespread prejudice against people with mental health issues.

Since:	2011
Coordination	Bro. Edouard Manda
Brothers:	4
Co-workers/volunteers	124

SERVIC	ES IN ETHIOPIA:	PLACE
(**)	Gefersa Mental Health Rehabilitation     Centre	on Addis Abeba

# SUDAN ERITREA Ser YEMEN Mek'ele Bahir Dar Asayla Dire Dawa Addis Harer Jijiga Nazret SOUTH SUDAN SOMALIA SOMALIA

# **REMARKABLE IN 2015:**

# • Poultry project in Addis Abeba

The Gefersa Mental Rehabilitation Centre now has its own poultry project. Two hundred chickens are producing eggs on daily basis and these are being consumed by the patients of Gefersa (direct beneficiaries), the staff members and the community of the brothers involved in the apostolate.

Gefersa currently has 160 patients in the rehabilitation centre. The medical department and management started the OPD (Out Patient Department) programme in 2015. This is a service in order to help the surrounding community and other outsiders with medical problems, especially with emergencies and people with mental health problems.





# Introducing mental health care in a country where mental disorders are still believed to be the result of evil spirits.

Since:	2003
Coordination	Bro. Félicien Ngendahimana
Brothers:	12
Co-workers/volunteers	31

SERVIC	ES IN IVORY COAST:	PLACE
OTHER	Maison de soins psychiatriques Saint Vincent de Paul	Yamoussoukro



# **REMARKABLE IN 2015:**

# • New rehabilitation project for drug addicts in lyory Coast

In May 2015, a renovated pavilion of the psychiatric hospital Saint Vincent de Paul in Yamoussoukro was officially inaugurated as a centre for the residential treatment of drug users. This new initiative is a partnership between the United Nations office on Drugs and Crime, the United Nations' World Health Organisation, the Ivorian Interministerial Committee for the Fight against Drugs and the Brothers of Charity

Drug cartels are increasingly using West Africa as a hub for smuggling their goods from Latin America to Europe. As a result, illicit drugs such as cocaine and heroin can more easily be obtained in this region than ever before. Severe poverty, weak social safety nets and a high level of unemployment amongst youths in Ivory Coast have made them susceptible to drug abuse. The number of drug users in the country is consistently on the increase. Treatment centres for drug users and prevention campaigns are therefore highly needed in Ivory Coast.

The new centre for the residential treatment of drug users in Yamoussoukro can accommodate up to 12 persons for an intensive rehabilitation programme and is managed by the psychiatric hospital Saint Vincent de Paul.

# 2 New Income Generating Project in Yamoussoukro

At the end of his visit to the Psychiatric Care Home "Saint Vincent De Paul", Bro. René Stockman, General Superior of the Brothers of Charity and president of Fracarita International opened a new income generating project on 30 January 2015: a poultry house. The project will be part of the occupational therapy sessions that are provided by the care home.

The new poultry house, with a total capacity of 1.400 chickens, will serve as a new source of income for the running costs of the care home. At the same time, it will also be part of the patients' rehabilitation programme and will improve the quality of the nutrition of the patients. It is touching to see that two former patients are now part of the team that runs the poultry house.





# Rwanda

# Providing mental health care and care for persons with a disability in a country trying to come to terms with its past.

Since:	1929
Coordination	Bro. Kizito Misago
Brothers:	15
Co-workers/volunteers	579

SERVIC	ES IN RWANDA:	PLACE
	<ol> <li>Centre Psychothérapeutique Icyizere</li> <li>Centre Psychiatrique Caraes Butare</li> <li>Hôpital Neuropsychiatrique Caraes Ndera</li> </ol>	Kicukiro Huye Gasabo
<b>(3)</b>	<ol> <li>Centre de jour Humura</li> <li>HVP Gatagara/Nyanza</li> <li>Home de la Vierge des Pauvres (HVP)         <ul> <li>Gatagara/Gikondo</li> </ul> </li> <li>RBC Ruhango</li> </ol>	Gasabo Nyanza Kicukiro Ruhango
	<ul><li>8. Ecole primaire (HVP)</li><li>9. Ecole primaire (HVP)</li><li>10. Ecole secondaire (HVP)</li></ul>	Gatagara Rwamagana Butare



= location with services of

▼ Home de la Viege des Pauvres (HVP) Gatagara/Nyanza, Rwanda



# **REMARKABLE IN 2015:**

# New school building for children with a physical disability in Nyanza

In January 2015, children and adolescents with a physical disability in HVP Gatagara in Nyanza could celebrate as their new school building was inaugurated. The building will be used to provide a professional training to physically challenged young people. The inauguration was attended by the General Council Members and the Provincial Superiors who were concluding their visit to the region.

The centre started with tailoring and hairdressing options. It is the first phase. Other options will be gradually added. The project was made possible thanks to the support of Rhineland-Palatinate, from Landau, Germany, which has supported several projects in Gatagara. Bro. René Stockman, Superior General of the Brothers of Charity, opened the building in the presence of the Rhineland-Palatinate delegate and the local authorities. The new boarding school for girls was officially inaugurated, as well. This project was developed with the support of the Belgian government and Fracarita Belgium.

The new school building is a dream come true: giving youngsters with a disability opportunities to manifest themselves in society through adapted vocational training. During the opening ceremony, reference was made to the centre's founder, Abbé Fraipont, who focused on reintegration into society as one of his great aims.

# 2 New school for intellectually challenged children

On 19 January 2015, a new special school for children with an intellectual disability was opened in Gikondo, Kigali, Rwanda. The Brothers of Charity established a new centre with an early childhood intervention unit, a physiotherapy unit, and a workshop for orthopaedics in 2010. Today, a school for intellectually challenged children was added to the centre. The new building came about thanks to the cooperation between the Brothers of Charity, the Belgian government and their development aid programme, and the Liliane Foundation from the Netherlands. Bro. René Stockman, President of Fracarita International, accompanied by the General Council and the Provincial Superiors who met in Ndera for one week, opened the new school and emphasised that this school offers children with an intellectual disability new opportunities to lead full lives.



▼ Centre de jour Humura, Gasabo, Rwanda



# South Africa

# Mental health care, care for people with a disability and education with a special focus on the most vulnerable people.

Since:	1929
Coordination	Bro. Constantino Chisi
Brothers:	12
Co-workers/volunteers	182

SERVIC	ES IN SOUTH AFRICA:	PLACE
	1. Thandanani Centre	Johannesburg
6	2. Triest Training Centre	Klerksdorp
	<ol> <li>Pax Hostel</li> <li>Pax Institute</li> <li>Pax Skills Development Centre</li> <li>Paxajana</li> <li>Paxana</li> <li>Saint Conrad's Primary School</li> <li>St. Conrad's High School</li> <li>St. Conrad's Little Saints</li> </ol>	Polokwane Polokwane Polokwane Polokwane Klerksdorp Klerksdorp Klerksdorp









# **REMARKABLE IN 2015:**

# Thandanani Centre present at art exhibition 'The Other Space'

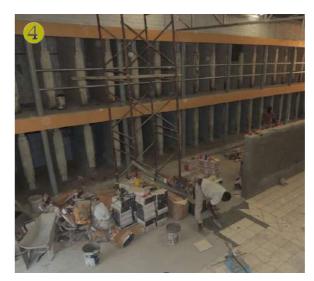
Patients and co-workers of the Thandanani Psychiatric Centre were present at the opening night of the art exhibition 'The Other Space'. Gateway organised the event in partnership with Johannesburg Department of Arts, Culture and Heritage on display at The Workers Museum in Johannesburg. The exhibition was open to the public from 18th November 2015 till 28th February 2016. The event was an opportunity to promote the enormous talent of people with a psycho-social disorder. Thandanani Centre, Talisman Foundation, Chevrah Kadisha, Gateway, SA Federation for Mental Health, SA Depression and Anxiety group were the participating organisations. The opening night on the 18th November was attended by Margi King, Bro. Anthony Colpaert and several patients of the centre. The patients were very proud to have their talent recognised in a public forum.

# 2 Sports day at Triest Training Centre, together with St. Conrad's High School

Triest Training Centre, the centre for persons with a disability in Klerksdorp, organised a sports day in May 2015, together with students of the St. Conrad's High School. Having trained all week and dressed in red and white clothes, the youngsters were very excited. Even though it was a friendly game, the excitement shone from their faces as they won the netball, soccer and bocce.

# (Winter Drive' at St. Conrad's College in Klerksdorp

The St. Conrad's College in Klerksdorp collected food for the annual 'Winter Drive'. Every grade was asked to contribute various non-perishable food items. They made up 102 food parcels for the very needy children at the Pelonomi Primary School. The aim was to relieve the plight of hungry children during the winter holidays. Children and co-workers delivered these food parcels on 23 June 2015 and the recipients were very grateful.



### Renovation works at Pax Institute in Polokwane

Pax Institute, a school in Polokwane, underwent thorough renovation works in February 2015. Toilets were repaired and the complete facility was refurbished. A Lot of renovations have gone into improvements and students and co-workers are very proud of the ablution block, which is located in the senior section.

# **5** Fracarita Southern Africa organises inter-school debates on mental health in Zambia

In responding to the 2015 World Mental Health Day theme ('dignity in mental health', see p. 49), Fracarita Southern Africa, in partnership with the Ministry of Health, organised inter-school debates on mental health in Zambia in October 2015. Four participating schools from Lusaka, Zambia, debated on various motions linked to mental health.

The debates were covered by several media institutions as a way of ensuring that information on mental health is disseminated to all corners of the country.

The first rounds of the debates were held on the 22nd of October 2015 at the Commonwealth Youth Development Center at the University of Zambia. The opening session of the inter-schools debates was graced by speeches from Fracarita Southern Africa and the Ministry of Health.

Bro. Constantino Chisi, regional coordinator of Fracarita Southern Africa, pointed out that by organising the interschools debates, Fracarita Southern Africa hoped to strengthen the role of the media and citizens through participating schools, in the mental health dissemination processes.



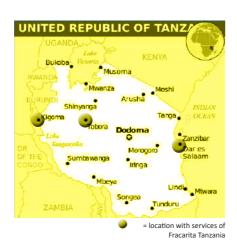


# Tanzania

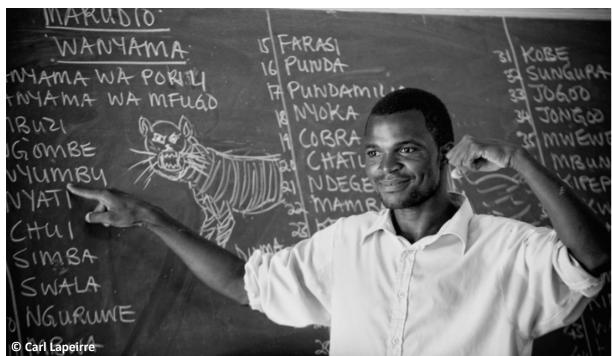
Dynamic projects in one of the poorest regions of the country, home to generations of refugees from neighbouring states.

Since:	1994
Coordination	Bro. Gilbert K. Kilassa
Brothers:	77
Co-workers/volunteers	158

SERVIC	SERVICES IN TANZANIA: PLACE			
	<ol> <li>Saint Cornelius Mental Health Centre</li> <li>Saint Dymphna Psychiatric Centre</li> </ol>	Kigoma Kasulu		
6	<ol> <li>Rumonge Deaf Cooperative</li> <li>School for the Deaf and Centre for Audiology and Speech</li> <li>Sheltered Home Bangwe</li> </ol>	Kigoma Tabora Kigoma		
	<ol> <li>Maendeleo Youth Centre</li> <li>Newman Institute of Social Work Newman High School</li> <li>Ahadi</li> <li>Educational Resource Centre</li> </ol>	Kigoma Kigoma Kigoma Kigoma Kigoma		
OTHER	10. Father Triest Dispensary	Dar Es Salaam		



▼ Maendeleo Youth Centre, Kigoma, Tanzania.



# **REMARKABLE IN 2015:**

# **1** MOU for synergy project in Tanzania

In January 2015, Fracarita Belgium started coordinating an innovative project, aimed at the local socio-economic development of the town of Kigoma in Tanzania. Local youth will be trained in plumbing, electricity, welding, carpentry and agriculture in order to increase their self-reliance. The implementing partners for this project signed a Memorandum of Understanding on 28 January 2015.

The activities of the "Syn4Led" project (Synergy for Local economic development) can be divided into 3 areas and will take place on the premises of the services of the Brothers of Charity in Kigoma (mental health care, education and care for persons with a disability):

- Construction: partner AHD (Action Humanitaire contre la Délinquance) will set up workshops where local youth will receive a vocational training. The workshops will be located in the buildings of the Deaf Cooperation of the Brothers of Charity in Rumonge.
- Agriculture: partners AHD and Fracarita Tanzania will give training in agriculture and new sustainable crops will be grown on the property of the psychiatric centre of the Brothers of Charity in Kasaka.
- Energy/Electricity: partners AHD and Enforsa will give trainings in electricity. Enforsa will install solar panels in Kasaka.

The total cost of this project is about € 500.000. 80% of this amount will be financed by a grant of the Belgian Ministry of Development Cooperation. Now that the MOU has been signed, the implementation of the project is officially started.





# 2 Fracarita Tanzania opens copy shop to generate income

Ahadi, the institute for distance learning of the Brothers of Charity in Tanzania, opened a copy shop in March 2015. The purpose is to generate income to cover part of the running costs of the institute. Ahadi is now making publicity for its copy shop in the schools and offices of Kigoma. It is one of the many steps that are currently being taken to increase the financial self-reliance of the services of the Brothers of Charity in Tanzania. The equipment for copy shop was financed by the Belgian Kitumaini Fund through the King Baudouin Foundation.

# **3** First stone of new training centre in Tanzania

Brother René Stockman, chairman of Fracarita International, laid the first stone of a new training centre in Rumonge, Kigoma on 11 June 2015.

The training centre will be part of the Syn4Led Project that aims to combine different innovative activities with support from the Belgian Embassy: offering professional training to young people on the fringes of society; developing the use of sustainable energy by installing solar panels; renovating a hotel as a location for practical training and as a tool for generating funds for other projects; and setting up an agricultural project where local farmers can learn new techniques. 'Action humanitaire contre la délinquance' or AHD, a Burundian NGO that works in association with Fracarita International and that focuses on the education of street kids and vulnerable youth, will run the centre. The driving force behind it all is Mr. Gaston Niyonzima. For the occasion, six young people who had successfully completed their training to be a plumber, were presented with a kit so that they can immediately start their own business.





# India

# Small scaled initiatives in mental health care and education for vulnerable people in India.

Since:	1994
Coordination	Bro. Wilfred Swamynathan
Brothers:	27
Co-workers/volunteers	52

SERVIC	ES IN INDIA:	PLACE
(**)	Centre for Psychiatric Rehabilitation     Saint Giuseppe Moscati	Karaikudi
	2. Jeeva Vihar Psycho-Social Rehabilitation Centre	Kozhikode
	3. Param Mitra Sadan	Ranchi
	<ul><li>4. Saint Peters School</li><li>5. G-SET</li></ul>	Ranchi Ranchi





# **REMARKABLE IN 2015:**

# **1** G-SET students win debate competition

On January 16th, three students of the Dr Guislain Svastha Mental Health Education Trust (G-SET) in Ranchi won the first prize in the Vikram Chabra Memorial Inter College Debate Competition 2015.

The topic for debate was "social media boon or bane". The three G-SET students are part of the first batch of the 2-years Master of Social Work degree programme with a special focus on mental health care. G-SET is a joint venture of the Brothers of Charity and Corsendonk Consultants and is academically supported by the Tata Institute of Social Sciences (TISS), Mumbai.

# 2 National excellence award for Brothers of Charity in India

On February 22nd, the Brothers of Charity in India received the National Excellence Award 2015 for their commitment to the most vulnerable people in society, especially those who are in need of mental health care. The award is a real encouragement for the brothers and co-workers who are running the three psychiatric centres of the congregation in Tamil Nadu, Kerala and Jharkhand.

The award was presented to the Brothers of Charity during an event in the city of Indore, sponsored by the certification company "Alma" and under the aegis of the NGOs Association of India (NAI) and All India IT Association (AIITA).



# **3** Belgian students visit psychiatric rehabilitation centre in Tamil Nadu

On March 17th a group of 9 last year students and two teachers of the Saint Augustinus institute for nurses in Aalst (Belgium) visited the Saint Giuseppe Moscati Psycho-Social Rehabilitation Centre of the Brothers of Charity in the southern Indian state of Tamil Nadu. The group was in India for three weeks and worked in a local general hospital. As part of the students is specialising in psychiatric nursing, they were very interested to visit the rehabilitation centre of the Brothers in Tamil Nadu as well.

# New income generating project in India

During a visit of Bro. René Stockman, chairman of Fracarita International, the income generating project of the psychiatric rehabilitation centre Param Mitra Sadan was officially inaugurated and opened in May 2015. It concerns 10 shops that will be rent out. The profit will be used for the development of the psychiatric centre.





# Indonesia

# Providing mental health care and ensuring quality education on the islands of Java and Flores.

Since:	1929
Coordination	Bro. Polikarpus Manao
Brothers:	36
Co-workers/volunteers	319

SERVIC	ES IN INDONESIA:	PLACE
	<ol> <li>Renceng Mose</li> <li>Kunci</li> <li>Sahabat Kita</li> </ol>	Ruteng Yogyakarta Purworejo
<b>(</b>	<ul><li>4. Karya Bakti centre (School for students with a learning disability)</li><li>5. Don Bosco Institute of the Deaf</li></ul>	Purworejo Wonosobo
	<ol> <li>Boarding House Purworejo</li> <li>SD Bruderan Elementary School</li> <li>SD Karitas Elementary School</li> <li>SD Karitas Elementary School</li> <li>SMA Bruderan Senior High School</li> <li>SMA Bruderan Senior High School</li> <li>SMP Bruderan Junior High School</li> <li>TK Karitas Kindergarten Purwokerto</li> </ol>	Purworejo Purwokerto Yogyakarta Purwokerto Purwokerto Purworejo Purwokerto Purwokerto



= location with services of

 Fracarita Indonesia







# **REMARKABLE IN 2015:**

# Institute for the Deaf celebrates 60th anniversary

In 2015, the Don Bosco institute for the deaf of the Brother of Charity in Wonosobo, Java, celebrated its 60th anniversary. The boarding school for deaf boys was founded in 1955 by four Dutch Missionaries and one Indonesian brother. The school still gives priority to deaf children from poor families, irrespective of their religion or ethnic background. A celebration day was held in January with a celebration of the Eucharist and drama and dancing performances by the students. Fracarita Netherlands raised money for the renovation of the roof of the school's dormitory.

# 2 Training and socialization programme HIV-aids in Indonesia

In September 2015, the Psychiatric Rehabilitation Centre of the Brothers of Charity on the Indonesian island of Flores, organised a training and socialization programme intended to enhance the participants' knowledge and awareness on HIV/aids. Indonesia has one of the fastest growing infection rates in Asia. The participants were staff members of the centre and high school students.

Indonesia faces a looming AIDS epidemic that could wreck the big economic, political and social gains it has made in recent years. UNAIDS shows Indonesia already has an estimated 660,000 HIV/AIDS sufferers and one of the fastest growing infection rates in Asia. Some Indonesian provinces even have the highest HIV/AIDS infection rate outside of Africa. In some areas, up to 3 percent of the population is infected with the virus, about 20 times the national average. (Source: unaids.org)

The awareness raising programme was supported by an international support progam of Zorgnet Vlaanderen, a Flemish employers' organisation uniting more than 500 private social profit organisations in Belgium: hospitals, care provisions for elderly and organisations providing mental health care. The psychiatric centre Sint-Jan-Baptist in Zelzate, Belgium, submitted the project proposal to Zorgnet Vlaanderen.





# **3** Fourth Dutch visit to psychiatric centre on Flores

In May 2015, a team of the Dutch psychiatric centre "Reinier van Arkel" travelled to the Indonesian island of Flores to share knowledge and expertise with the psychiatric rehabilitation centre of the Brothers of Charity in Ruteng that was opened in 2014. Their fourth visit is part of the twinning programme between both centres, established in 2012

The Dutch team, consisting of two psychiatric nurses and two psychiatrists (one of them born on Flores), was very pleased to observe the progress that was made by the staff of the psychiatric centre and to see that the recommendations they had given during their previous visits, had been carefully implemented. This time, particular attention was given to the medication policy and diagnostics and an alternative rehabilitation methodology was also introduced. The Dutch visitors also attended the centre's family day on which relatives of the patients are informed on their psychiatric treatment and the importance of supporting their relative as a family.

# 4 Volunteering in psychiatric centre in Indonesia

Ms Clarissa Ornelis, a Belgian clinical psychologist, did an International volunteer programme in the Psychiatric Rehabilitation Centre of the Brothers of Charity in Purworejo, Indonesia from June until August 2015.

Ms Ornelis introduced some new approaches in the field of individual and group therapy, and also presented various relaxation therapies. She also shared some of her knowledge with the staff of Sahabat Kita, the psychiatric centre of the Brothers of Charity in Purworejo. Sahabat Kita is a partner of the Belgian Psychiatric Centre Sint-Jan-Baptist in Zelate, where Clarissa Ornelis did her university practicum.





# Pakistan

# Philippines

# Mental health care and education for all, in an environment of religious tensions and social injustice.

Since:	1990
Coordination	Mr Ashraf Rahmat
Brothers:	11
Co-workers/volunteers	35

SERVIC	ES IN PAKISTAN:	PLACE
	1. Pak Dil Centre	Lahore
8	2. Kashana e Ulfat	Lahore
	<ol> <li>Canon Triest Middle School</li> <li>Holy Rosary Hostel</li> <li>Umeed-E-Nau Primary School</li> </ol>	Lahore Gujrat Lahore

# TURKMENISTAN TAJIKISTAN TAJIKISTAN Peshawar AFGHANISTAN ISlamabad Chinio ahore Okara Hyderabad Karachi Arachi Arachi Arachi Arachi

= location with services of



# **REMARKABLE IN 2015:**

# • Fracarita Pakistan celebrates International Day of Persons with Disabilities

The International Day of Persons with Disabilities, is a day that has been promoted by the United Nations since 1992 and takes place every year on the third of December. Fracarita Pakistan celebrated this day by sensitizing students in Lahore.

Mr. Ashraf Rahmat, Regional Coordinator of Fracarita Pakistan and Director of the Canon Triest Middle School, addressed the students about the equality of human beings and the importance of the rights of people with disabilities and their true place in the society. He briefly defines the meaning of "Disability is not inability"

The aim of Disability Day is to encourage a better understanding of people affected by a disability, together with helping to make people more aware of the rights, dignity and welfare of disabled people, as well as raise awareness about the benefits of integrating disabled persons into every aspect of life, from economic, to political, to social and cultural. This day is not concerned exclusively with either mental or physical disabilities, but rather encompasses all known disabilities, from Autism to Down Syndrome to Multiple Sclerosis.

▼ Teachers from Canon Triest Middle School and Umeed-e-Nau Primary School, together with people from an external organisation



# Reducing the stigma associated with mental illness and disability by offering sensitization and professional care.

Since:	1981
Coordination	Bro. Edcel Lacierda
Brothers:	17
Co-workers/volunteers	48

SERVIC	ES IN THE PHILIPPINES:	PLACE
	<ol> <li>Holy Face Rehabilitation Centre for Mental Health</li> <li>Saint Dymphna Home Care Centre</li> </ol>	Tabaco Gingoog
	2. Saint Dympinia Home Care Centre	Girigoog
6	3. Orthopedagogical Institute	Manila



# **REMARKABLE IN 2015:**

# **1** Valentine's day at psychiatric centre in the Philippines

The Holy Face Rehabilitation Centre for Mental Health of the Brothers of Charity in Tabaco (Philippines) organised a romantic event named "A Date to Remember" on February 13. Students of the nearby Bantayan National High School were invited at the centre to dance and sing with the residents. This special day brought joy in the hearts of the residents and raised awareness on mental health care among the students of the school...









# Sri Lanka

# Vietnam

# Reducing the widespread stigma associated with mental illness and mental disability by offering professional care.

Since:	1988
Coordination	Lucian Ranasinghe
Brothers:	15
Co-workers/volunteers	82

SERVIC	ES IN SRI LANKA:	PLACE
	<ol> <li>Saint Benedict Menni Mental Health Rehabilitation Centre</li> <li>Saint Joseph's Special Education Centre</li> </ol>	Kalmunai Batticaloa
	<ol> <li>Nisansala Day Services</li> <li>Nisansala Day Services</li> <li>Nisansala Primary Section</li> <li>Nisansala Primary Section</li> <li>Nisansala Vocational Training Centre</li> <li>Nisansala Vocational Training Centre</li> <li>Nisansala Vocational Training Centre</li> </ol>	Ja-Ela Negombo Ja-Ela Negombo Negombo Ja-Ela Batticaloa
	<ul><li>10. St. Mary's Boys Home Kalmunai</li><li>11. St. Joseph's Technical Institute</li><li>12. St Joseph's Boys Home</li><li>13. Pre-school</li></ul>	Kalmunai Trincomalee Trincomalee Kalmunai





# **REMARKABLE IN 2015:**

# New initiative in Sri Lanka

In August 2015, a new training centre for young mentally challenged adults was opened in a former printing establishment on the east coast of Sri Lanka.

The former printing establishment, with a history spanning more than 50 years, has been completely renovated. Saint Joseph's Special Education Centre, as it is now called, will offer young mentally challenged adults courses so that they are able to take up their task in society.

The new centre is linked with the Nisansala Centre in Ja-Ela, and the former headmaster of the technical school in Trincomalee, Bro. Michael, is the centre's new manager. The opening of this new centre means a new start for the brothers in Batticaloa who plan to develop care for the elderly in the future. The inauguration took place at the occasion of the 25th anniversary of the Brothers of Charity in Sri Lanka.

# 2 Refurbishment of preschool

The preschool of the Brothers of Charity in Kalmunai, a coastal city in Sri Lanka, underwent a thorough refurbishment in August 2015. Lavatories were built, a new fence was installed and the classroom was redecorated.

This school, which is located near the Benedict Menni Psychiatric Nursing Home, was established a few years earlier in support of the local population, and thanks to the contribution of a local organisation, we were able to complete a number of renovations. Fracarita International had a completely new fence installed, had lavatories built, and redecorated the classroom. The new preschool was opened during a ceremony with songs and dances performed by the children.

# Pioneer work of mental health care in southern Vietnam.

Since:	2003
Coordination	Bro. Nicola Nguyen Tuan
Brothers:	12
Co-workers/volunteers	9

SERVIC	ES IN VIETNAM:	PLACE
	Psychiatric Rehabilitation Centre     Psychiatric Rehabilitation Centre     Dong Nai	Bao Loc Dong Nai



= location with services of

# **REMARKABLE IN 2015:**

# New wing for the patients and renovated

The Psychiatric Rehabilitation Centre in Bao Loc was renovated in January 2015. There is a new wing for the patients and a thoroughly renovated community house, in a sea of greenery, actually a coffee plantation. The Brothers of Charity started this small scaled psychiatric nursing home in March 2014. It is the first service for mental health care by the Brothers of Charity in Vietnam.

# 2 New psychiatric rehabilitation centre in Dong

Since 2015, the Brothers of Charity are involved in a new psychiatric rehabilitation centre in Dong Nai Province, Vietnam. The centre takes care of approximately 150 elderly people and persons with chronic mental health problems. Fracarita International is very happy to expand its services in Vietnam.

▼ Psychiatric Rehabilitation Centre Dong Nai





# Brazil

# Nicaragua

# Giving a warm home to vulnerable children in a country with one of the highest degrees of income inequality in the world.

Since:	1998
Coordination	Bro. Eric Verdegem
Brothers:	2
Co-workers/volunteers	8

SERVIC	E IN BI	RAZIL:	PLACE
	1. A	Aldeia Infantil Estrela da Manhã	São Sebastiã de Amoreira

# BRAZIL VENEZUELA GUYANA French Gulana SURINAME Manaus Belem Fortaleza Recife Salvador Brasilla Belo Horizonte ATLANTIC OCEAN FORTO Alegre = location with services of

# **REMARKABLE IN 2015:**

# **1** 'Brazil Got Talent' show for children in Estrela da Manhã

In March 2015, Estrela da Manhã organised a 'Brazil Got Talent' show. Children and adolescents participated at this event with music, singing, dancing, magic, Kung Fu and karate. A volunteer of the school, who has the chance to become a member of the Russian Bolshoi Ballet, teached the youngsters some dance choreograpy. The acts were beautiful and the public was very enthusiastic. It was a show full of creativity!



▼ Children of Aldeia Infantil Estrela da Manhã, São Sebastiã de Amoreira



# Bringing hope to children and youth affected by exploitation.

Since:	2005
Coordination	Bro. Emmanuel Kadiodehoua Yeo
Brothers:	2
Co-workers/volunteers	21

SERVIC	ES IN NICARAGUA:	PLACE
	Programa de Intervención Psic  "Jesús Amigo"	cosocial Granada
	2. Programa de Reintegración Sc miliar "Casa Amanacer"	ocio-Fa- Granada



# **REMARKABLE IN 2015:**

# **Output** Commemorative day of Father Triest

Casa Amanacer organised a commemorative day of Father Triest in June 2015. Co-workers of the school took time to reflect and to know more about the history of the founder of the Brothers of Charity. Visit www.brothersofcharity.org to know more about Father Triest.

# 2 Pilot project for residential and ambulatory care

Jesús Amigo, the mental health centre in Granada, started a pilot project for residential and ambulatory care for people with addiction problems. Youngsters and adolescents are invited for an outpatient programme. The stay is voluntary.

▼ Programa de Reintegración Socio-Familiar "Casa Amanacer", Granada



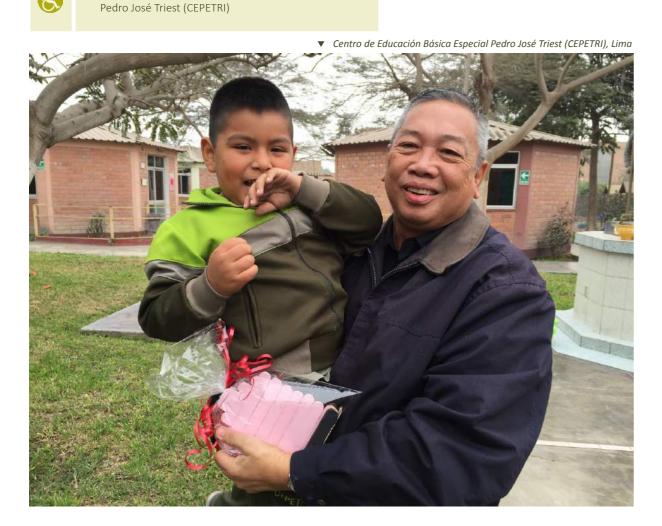
# Peru

# Providing care to children and adults with a mental illness or disability in a region recovering from years of fear and terror.

Since:	1965
Coordination	Bro. Jimi Huayta Rivera
Brothers:	4
Co-workers/volunteers	50

SERVIC	ES II	N PERU:	PLACE
		Centro Especializado de Salud Mental de Ayacucho (COSMA) Centro de Diagnóstico, Psicoterapia y Rehabilitación en Adicciones "Escuela de Vida"	Ayacucho Lima
	3.	Centro de Educación Básica Especial	Lima





# **REMARKABLE IN 2015:**

# **1** CEPETRI trains family of children to strengthen their capacities

CEPETRI, the centre for children with a learning disability, gave trainings to the families of the children, in order to strengthen their capacities. Parents, siblings and other family members learned how to behave adequately to their children's disability. CEPETRI realised 348 trainings in

Approximately 130 learning disabled children are supported in a peaceful environment. The children learn simple but significant skills in order to live as independently as possible. The centre has two programmes: an educational programme for children and their families who come in the school in 11 classrooms and a second programme witch inclusive education for children who go to the regular school. The centre has a network of regular schools in the town where they run the programme and follow up children, train teachers and advocacy with the families and students.

CEPETRI is supported by the city of Bruges (Belgium) and the province of West-Flanders (Belgium).



▼ Centro Especializado de Salud Mental de Ayacucho (COSMA)



▼ Centro de Educación Básica Especial Pedro José Triest (CEPETRI), Lima



▼ Escuela de Vida, Lima

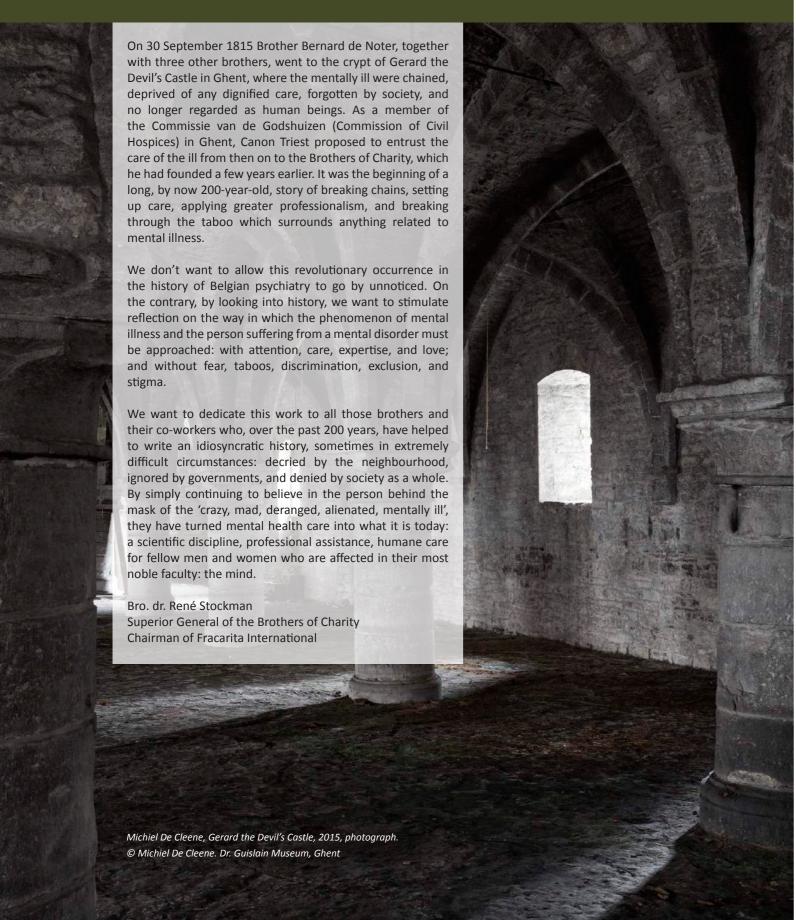


▼ CEPETRI is supported by the city of Bruges (Belgium) and the province of West-Flanders (Belgium)





# In the picture: 200 years of breaking the chains





















A Hossein Fatemi, patients in an institution for people with mental illness, Afghanistan, Herat, 2010, photograph. @ Hossein Fatemi

# 'Breaking the chains' continues, even today!

What happened on 30 September 1815 in the cellars of the Gerard The Devil's Castle was only the prelude to an act that would be repeated countless times. Already in 1820, just a few years later, the brothers in Froidmont would also break the chains that imprisoned the mentally ill.

Fortunately, the new vision of Dr. Guislain, the intense compassion of Canon Triest and the sustained efforts of the Brothers of Charity made it very quickly possible to condemn the use of chains to the past and ensure that henceforth compulsion was only regarded as appropriate in cases of aggression that clearly endangered the patient and his immediate environment. The aim was to use as little force as possible. 'Nonviolence' was always the watchword of the advocates of moral treatment.

But as soon as the Brothers of Charity travelled to other continents to look after mentally ill people in the distant lands of the Third World, they were again confronted with chains.

This was the case, for example, when in 1967 they established a first psychiatric asylum in Ndera, Rwanda,

close to the capital city of Kigali. They again went into the local prisons with the objective of freeing the mentally ill from their shackles and transferring them to the more gentle care of the asylum. But mentally ill people were also brought into the asylum from the surrounding hills, usually chained by hand and foot and often suffering from deep wounds as a result of wearing the heavy iron harnesses for many years. Once again, the brothers were confronted with the same story of powerlessness, estrangement and, above all, the helplessness of the sufferers. For generations they had been left to the 'ministrations' of local healers, magicians and charlatans, who had tried to cast out the demons with methods that were at times inhuman.

Several years later, when they started their work in Ivory Coast, they heard an echo of what was once the officially sanctioned view on people with mental illness, enshrined in a municipal law issued by the French colonial regime in 1790: 'In order to anticipate the bothersome events that can be caused by lunatics or rabid people still in freedom, and by other roaming, vicious or savage animals...' In 2003, a







▲ Left: Dieudonne, a young man with mental health problems, when he arrived at the psychiatric centre St. Vincent de Paul in Yamoussoukro, Ivory Coast. He is dressed in rags, leaning on some kind of stick and is extremely dirty. He is very confused. Central: Dieudonne's hair is being cut and his beard is being trimmed by nurses.

Right: Dieudonne, two hours after his arrival. He looks completely different and already regained some of his humanity.

new psychiatric care home was opened in Yamoussoukro in response to a request from both the civil and ecclesiastical authorities, who were concerned about the many chronic and neglected psychiatric patients who were wandering the streets of the city. This is a recognisable image in many African and Asian cities, where the mentally ill, who are often cast out by their families, eventually end up in the nearest town or city, where they survive as tramps. Both the Bishop and the Minister of Health thanked the brothers with the words: 'Thank you, Congregation of the Brothers of Charity, that you have come to make our city clean again...' This was still reminiscent of that sentence in the old municipal law that placed lunatics and rabid people in the same category as vicious and savage wild animals, who roamed the city causing trouble and mayhem wherever they went. For this reason, the brothers answered the letter with comments which made clear that while they had indeed come to 'make the city clean again' by removing mentally ill people from the streets, it was also their intention to return those people to society once they had been treated and cured, an act that would require an urgent change in the mind-set of the city's other inhabitants, who needed to recognize these people as fellow human beings, in need of care and understanding. Of course, the brothers realized that it was sometimes difficult to see something human in





▲ In Ivory Coast, and especially in Yamoussoukro, streets are filled with people who suffer from mental illness. Today they can find professional help at the psychiatric centre St. Vincent de Paul of the Brothers of Charity.

naked and aggressive. But they persisted with their message of love and compassion. Ten years later, it was possible to claim with justification that the local mentality had indeed changed and it was possible to see former patients, who had once wandered the city naked and neglected, now working as a bartender in a coffee bar or as a technician repairing fans.

200 years after breaking the chains in Ghent, the Brothers of Charity arrived in Gingoog in the Philippines, where they had been asked to take control of a small existing mental health facility. With good intentions, a group of local people had set up this facility to offer a solution to the many untended mentally ill people who were roaming the town and scavenging for food in the city's garbage dump. Despite all these good intentions, the situation was once again characterized by powerlessness: everywhere there were chains and prison bars to lock away the 'lunatics'. The administrators in charge of the facility didn't have any medication and no professional experience of dealing with the mentally ill. As a result, the brothers set about their work with the old motto of 'breaking the chains' still on their lips and in their hearts. For many of them, it was like a return to the great pioneering days of the congregation. But while the Gingoog story is a story of hope, it also reflects the lack of understanding and the lack of resources that still leads to the use of force and restraint in the treatment of the mentally ill in so many places in the world.

But these are not the only chains that still need to be broken; there is still a lot of discrimination and stigma that weighs heavily on people with mental illness. In many countries we see that the mentally disturbed are still not recognised as being 'ill' and therefore do not receive the necessary attention in the healthcare policy of the government. As a result, their care is often left to inadequately skilled or even incompetent persons and volunteers, who, notwithstanding their good intentions, often still resort to methods that have more in common with compulsion and confinement than with care and treatment.



▲ St. Vincent de Paul, Centre d'accueil et des soins des malades mentaux, Yamoussoukro, Ivory Coast 2000-2004. © Reinhart Cosaert

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In many countries we see that there is still no provision within the statutory regulations to give a legal status and legal rights to mentally ill people, who are forced into isolation and institutionalization. These people are therefore illegally deprived of their liberty, not because they have committed a crime, but because they are sick and are perceived as a danger to themselves and their environment.

In many countries we see that inadequate (or sometimes no) financial resources are made available for the care of mentally ill people, even though these people must often live in abject poverty, cast out by their family, ostracized by society and, as a result of their illness, unable to provide for their own livelihood.

Mental illness remains taboo and is shrouded with stigma. Nobody ever thinks that he or she will become mentally ill, yet we know that 15% of the world's population suffers from some kind of mental disorder. When someone in the family becomes mentally ill, this is frequently concealed from the immediate environment. It is almost as if this kind of illness is a stain on the family. And when a mentally ill person, once cured, returns to his or her community, this stain often remains. 'Once a lunatic, always a lunatic' is a conviction held by many.

That is the reason why mentally ill people dwell in the periphery, not only in the geographical periphery but also in the existential periphery. These are the places where we must visit them, helping them to break the chains of stigma and discrimination that still enthrall them.

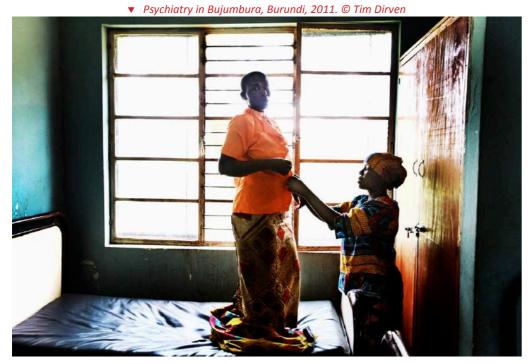


▲ Front of Hôpital Neuro-Psychiatrique Caraes, Ndera, Rwanda

At the same time, we must mobilize the resources of the media and education to shatter this taboo and to familiarize the general public with this all-too-common reality of modern life.

That is the reason why stories about 'breaking the chains' must be shared and, above all, must be translated into new contexts and specific situations. That is what the Brothers of Charity have been doing for the past 200 years and are still doing today, together with Fracarita International.

Bro. dr. René Stockman Superior General of the Brothers of Charity Chairman of Fracarita International



The **pictures** of Hossein Fatemi, Tim Dirven and Michiel De Cleene were presented at the exhibition 'Out of the Shadows. 200 years Brothers of Charity and Psychiatry' at Museum Dr. Guislain in 2015-2016.



# International Advocacy of Fracarita International at the United Nations



From Millennium Development Goals (MDGs) to Sustainable Development Goals (SDGs): Fracarita International subscribes fully to the specific goal for health: no health without mental health!

Over the last few years, Fracarita International has been key in advocating on mental health at an international policy level – in particular at the United Nations. Our aim is to increase awareness and knowledge among policy makers of the specific challenges persons with mental health disorders face every day, leading to the introduction and implementation of tailored policies and legislation. Fracarita International is in 'Special Relations' with the United Nations (UN) and is starting up relations with the World Health Organisation (WHO) and UNESCO. Due to this unique advocacy position, Fracarita International is able to influence key decision-makers directly and elevate mental health on the global health agenda.

In July 2015, Fracarita International participated at the High-Level Political Forum 'From Millennium Development Goals (MDGs) to Sustainable Development Goals (SDGs) in the United Nations (New York City). The Millennium Development Goals (2000-2015) have come to an end and the follow-up is done in the so-called 2030 Sustainable Development Agenda. On 25th September 2015, the UN General Assembly adopted the new development agenda 'Transforming our world: the 2030 agenda for sustainable development'

The main focus of Fracarita International was on how health would be translated into the SDGs. The 17 goals and 169 targets, including one specific goal for health with 13 targets, of the new development agenda integrate the three dimensions of sustainable development around

people, planet, prosperity, peace and partnership. In the SDGs, a health goal is described as 'Ensure healthy lives and promote well-being for all at all ages.' The specific target 3.4 states: "By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being." In follow-up of the SDGs implementation inside the services of the Brothers of Charity, Fracarita International decided to organise a workshop in Rome in February 2016, on the topic of SDGs and the involvement of the International Advocacy of Fracarita International in this 2020 Sustainable Davelement Agenda.

In 2015, the Congregation of the Brothers of Charity celebrated their '200 years of breaking the chains'. In the prison of Ghent (Belgium) in 1815, mentally ill were chained, deprived of any dignified care, forgotten by society, and no longer regarded as human beings. The Brothers of Charity liberated them, took care of them and brought them back to society. 200 years later, the Brothers of Charity continue to break literally the chains but also the stigma surrounding mental health. The International Advocacy of Fracarita International promotes inside but also in collaboration with international bodies like the UN, the values and the mission of the Brothers of Charity to break the chains of stigma in mental health all over the world. The Dr. Guislain 'Breaking the Chains of Stigma' Award is another initiative of the Brothers of Charity to bring mental health on the forefront of the international political agenda





▶ Pictures: Bro. Jimi A. Huayta Rivera (left), continental coordinator of Fracarita Latin America; and Mr Prakash Goossens (right), International Representative of Fracarita International, participated at the High-Level Political Forum 'From Millennium Development Goals (MDGs) to Sustainable Development Goals (SDGs) in the United Nations Headquarters in New York City in July 2015.

# News from the main office

# News from the regional fundraising offices



# January: General Assembly Fracarita International

On January 15th and 16th, the General Assembly of Fracarita International met in Kigali (Rwanda). An overview was given of the funds that had been collected in 2014 and the projects realised. The General Assembly also wrote a renewed mission statement for the organisation.



# May: visit from Peru

In May 2015, Bro. Jimi Antonio Huayta-Rivera, Fracarita International's coordinator for Latin America in Lima (Peru), was in Europe to attend a meeting of the JPIC commission (Justice, Peace and Integrity of Creation) in Rome and to have consultation meetings with his colleagues of Fracarita International's main office in Belgium. Bro. Jimi also paid a visit to the Fund for Development Cooperation of the city of Bruges (Belgium) that supported one of his projects in Peru. (Picture: Bro. Jimi second from right)



# September: new co-worker

Mr Jonas Scherrens joined the staff of Fracarita International on September 1. Mr Jonas is 23 years old and studied communication management. His main tasks are designing a new website; publishing leaflets and brochures; maintaining the communication with country offices and regional fundraising offices; and public relations. In the meantime, the new website is published. You can visit Fracarita International's brand new website via <a href="https://www.fracarita-international.org">www.fracarita-international.org</a>



# **September**: successful fundraising dinner

On September 29th, Fracarita International and Fracarita Belgium held their second fundraising dinner. The joint event was very successful. No less than 135 supporters attended the dinner. The profit is used to improve the infrastructure of the primary school of the Brothers of Charity in Kabinda, DR Congo. Parts of the school were about to collapse and need to be renovated or rebuilt. This project also was the central theme of Fracarita Belgium's annual campaign 2015 (= "Zuidactie").



# June: One-day world festival in Bruges

On June 27th, Fracarita International participated at the world festival "Feest in't Park" in Bruges, Belgium, with an information stand. This annual one-day world festival is organised by the council for development cooperation of the city of Bruges. The participation of Fracarita International was important to make the NGO better known in Bruges.

# Manila, the Philippines

Fracarita Manila has facilitated the acquisition of funds from Metrobank Foundation in the later part of 2015. The funds have been utilized for the indigent patients at St. Dymphna Rehabilitation Home Care Centre for Mental Health in Gingoog City, Misamis Oriental. The office has also facilitated the writing of project proposals to funding donors. Before the end of 2015, the office has acquired another grant from a local development organisation, the Assisi Development Foundation. The grant is currently being used for the Basic Competency Development Programme in Special Education. This programme is being assisted also by the Adamson University, a local university owned and operated by the Congregation of Mission.

# Rome, Italy

In 2015, Fracarita Italy received donations from several church organisations, private individuals and other organisations for the benefit of the Centre Neuro-Psychiatrique Pierre Joseph Triest (Kikwit, DR Congo), Nioki Centre Elikya (Nioki, DR Congo) and Centre Simama (Kisangani, DR Congo). Take a look at page 14 or visit our website for more information about these Congolese projects.

# Ghent, Belgium

In 2015, the annual campaign of Fracarita Belgium raised € 151.846 for the extension and renovation of the primary school of the Brothers of Charity in Kabinda, an isolated town in the Kasai-Oriental Province of DR Congo. The infrastructure of the school with more than 1200 pupils was in a very bad shape. Some classrooms were even no longer safe as the walls and roofs were badly affected by the ravages of time (the first building was constructed in 1915!). The different facilities and services of the Brothers of Charity in Belgium participated in the campaign by informing their pupils, students, patients and clients about the campaign's theme and by organizing a whole range of fundraising activities for the primary school. On September 29th, a fundraising dinner was organised for this campaign by Fracarita Belgium and Fracarita International in the town of Maldegem, Belgium. Find out more on page 15.



# **Eindhoven, the Netherlands**

On 2 October 2015, co-workers, volunteers and supporters of Fracarita Netherlands gathered in Eindhoven for their annual Fracarita day. The attendees were informed on the current state of affairs of the Dutch foundation and were given more information on the organisation's vision on the future. After mentioning the current projects, Bro. Veron Raes had the honour to receive two donations. The first donation was an envelope of the jubilee of Bro. Pax for the benefit of the Don Bosco Institute of the Deaf, Wonosobo, Indonesia. The second donation was a cheque, given by the Bantu Anak Anak Foundation with the fantastic amount of € 17.000 for the construction of a wall around the Psychiatric Centre Mose Renceng, Ruteng, Indonesia.



# Giving a voice to the voiceless...

Fracarita International is involved in advocacy for its vulnerable target groups. Through its special consultative status at ECOSOC<sup>1</sup>, its presence in international organisations such as the International Catholic Centre of Geneva, its awareness raising campaigns and the celebration of international days, Fracarita International aims to make the "voice of the voiceless" heard by national and international policy makers.

1 Economic and Social Council of the UN

# 1. High-Level Political Forum in New York

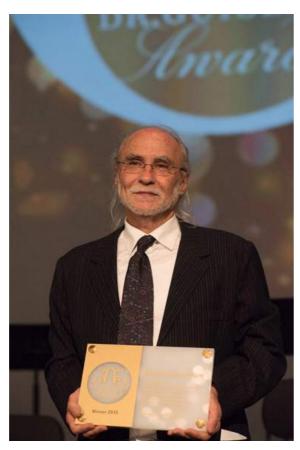
See page 45.

# 2. Dr. Guislain Award 2015

The Dr. Guislain Award Ceremony took place on 8 October 2015, at the occasion of World Mental Health Day, in Flanders Opera in Ghent, Belgium. The award reaches out to social and/or cultural initiatives that have made an exceptional contribution in breaking the stigma that today still characterize societies' perception on mental illnesses.

The Dr. Guislain Museum and Janssen Research & Development, LLC, announced that Janos Marton (see picture), director of The Living Museum in Queens, New York, has been named the 2015 winner of the Dr. Guislain "Breaking the Chains of Stigma" Award. The award honors Dr. Marton for his extraordinary efforts and distinctive ability to nurture creativity of individuals living with mental illness and for establishing a groundbreaking and flourishing artistic community within a mental health care setting.

The award is a collaboration between Janssen Research & Development and the Dr. Guislain Museum of the Brothers of Charity, two institutes with a longstanding involvement and heritage in the field of mental health care and research. The winner of the Dr. Guislain Award receives \$50,000.



▲ Janos Marton, the 2015 winner of the Dr. Guislain "Breaking the Chains of Stigma" Award

# 3. World Mental Health Day

On October 10th 2015, the World Federation for Mental Health organised World Mental Health Day. Fracarita International gives its full support to this worldwide initiative.

The psychiatric centres of the Brothers of Charity in Latin America, Asia and Africa were also invited to organise different activities at the occasion of World Mental Health Day (see below).

# List of activities organised by our country offices for World Mental Health Day:

### Theme WMHD 2015: dignity in mental health.

### Burundi

### Centre Neuro-Psychiatrique Kamenge (CNPK), Bujumbura:

- Declaration of the Minister of Public Health and the representatives of WHO;
- Technicians set up a television studio for a plea about the mental health sector;
- Awareness raising spots were broadcasted on several media;
- Guided tour to CNPK;
- Speech by a patient who's recovering now;
- Several drummers, dances, sketches, tributes, speeches...

### Centre Neuro-Psychiatrique de Ngozi

- Radio broadcast on the benefaction of investing in mental health care;
- Guided tour;
- Several speeches.

### Centre de Soins Mentaux de Gitega (CSMG) Saint Camille, Gitega

- Patients take care of animation, together with a group of young musicians of Gitega;
- Conversation with the media;
- Presentation of a song, dedicated to mental health patients and other patients;
- Speeches by several representatives.

### DR Congo

- Centre de Santé Mentale Tulizo Letu, Goma
- Generalities of mental health and the approach of taking proper action;
- Experiences of the centre on the holistic approach for mental health patients and patients with epilepsy;
- Conference debate;
  Fraternal lunch with the patients.

### Centre Hospitalier Jukayi, département Santé Mentale, Kananga

- Mass;
- Conference about the theme of World Men tal Health Day 2015;
- Question and answer session.

  Centre Neuro-Psychiatrique Dr. Joseph Guislain,

# • Presentation of the centre's activities:

- Presentation of the centre's activities;
   Speech by a representative of the World
- Speech by a representative of the world Health Organisation and by the Provincial Minister of Health and his representative;
- Testimonies by patients and their families.

# Ethiopia Gefersa Mental Health Rehabilitation Centre

# (GMHF), Addis Ababa • 150 trees were planted, a symbolical way to

- 150 trees were planted, a symbolical way to raise awareness on mental health care;
- A 1.5 km walk for patients and staff. All of them wore T-shirts with the text "Dignity in mental health, Gefersa 2015";
- Speech by a representative of the Ethiopian government.

### India

Fr. Triest Award ceremony, organised by Fracarita India and the Department of Women's Studies of the Alagappa University in Karaikudi. The award aims to create awareness to people to break the chains of stigma on mental health.

# **Ivory Coast**

### Maison des soins psychiatriques Saint Vincent de Paul, Yamoussoukro

- Several speeches
- Several speeches.
- Conferences about 'dignity in mental health';
   Discussion group and exchanges;
- Animation and guided tour.

### Nicaragua

Family day with the slogan 'Stop the violence in your family'. Fracarita Nicaragua invited the community and all the members of the residents families for these activities.

### Pakista

Several activities, speeches and conferences were organised by Fracarita Pakistan.

### Peru

### Comisión de Salud Mental de Ayacucho (COSMA), Ayacucho

- Presentation 'Treat me with dignity';
- Information regarding the 'User Rights';

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- Exhibition and sale of products made by clients of our centre.

### Philippines

### Holy Face Rehabilitation Centre for Mental Health, Tabaco City

- Grand Motorcade and Opening Day;

  Third Bird Montal Houlth Congress.
- Third Bicol Mental Health Congress.

### Rwanda

# Hôpital Neuro-Psychiatrique Caraes Ndera, Kigali • Sensitization programmes and workshops:

Sensitizati
 Open day.

### Tanzania

### St. Dymphna Rehabilitation Centre

- Motorcade;
- Consultation day with activities.

### Zambia / Southern Africa Inter-school debates.



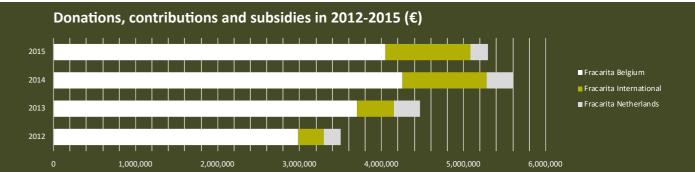
▲ Several activities for Pakistani children on WMHD 2015

# Financial Figures of Fracarita International and its regional fundraising offices

<b>€ EURO</b>	Fracarita International ivzw	Fracarita Belgium	Fracarita Netherlands	Total 2015
COMBINED PROFIT AND LOSS ACC				
EXPENSES				
Services and miscellaneous goods	877,065.89	59,728.37	191,791.00	1,128,585.26
Staffing costs	318,271.24	692,884.48	20,000.00	1,031,155.72
Depreciations	22,262.14	6,447.78	-	28,709.92
Other operational costs	1,011.40	3,176,541.12	-	3,177,552.52
Financial costs	1,553.55	344.55	65.00	1,963.10
Exceptional costs	6,907.73	350.92	-	7,258.65
TOTAL EXPENSES	1,227,071.95	3,936,297.22	211,856.00	5,375,225.17
REVENUES				
Donations, contributions, subsidies,	1,035,235.95	4,045,494.77	217,612.00	5,298,342.72
Recovery	14,719.58	-	-	14,719.58
Financial revenues	24,420.75	8,683.31	186.00	33,290.06
Exceptional revenues	185.19	2,985.60	-	3,170.79
TOTAL REVENUES	1,074,561.47	4,057,163.68	217,798.00	5,349,523.15
NET ASSETS	-152,510.48	120,866.46	5,942.00	-25,702.02

# **COMBINED BALANCE SHEET FOR 2015 - EURO**

ASSETS				
Intangible fixed assets	-	1,308.23	-	1,308.23
Material fixed assets	354,422.27	9,208.30	-	363,630.57
Accounts receivable > 1 year	90,000.00	4,000.00	-	94,000.00
Accounts receivable < 1 year	199,179.45	1,357,532.15	12,000.00	1,568,711.60
Liquid assets	2,059,658.60	1,535,877.56	54,643.00	3,650,179.16
Deferred charges & accrued income	43,021.30	14,885.24	-	57,906.54
TOTAL ASSETS	2,746,281.62	2,922,811.48	66,643.00	5,735,736.10
LIABILITIES				
Funds of the association	1,231,836.02	502,208.21	17,557.00	1,751,601.23
Appropriated funds	-	180,385.05	-	180,385.05
Transferred loss	-41,262.05	-	-	-41,262.05
Provisions	-	22,950.00	-	-
Accounts payable < 1 year	432,693.50	298,980.51	43,144.00	774,818.01
Accruals and deferred income	1,275,524.63	1,797,421.25	-	3,072,945.88
NET ASSETS	-152,510.48	120,866.46	5,942.00	-25,702.02
TOTAL LIABILITIES AND NET ASSETS	2,746,281.62	2,922,811.48	66,643.00	5,735,736.10



\$ USD	Fracarita International ivzw	Fracarita Belgium	Fracarita Netherlands	Total 2015			
COMBINED PROFIT AND LOSS ACCOUNT FOR 2015 - USD							
EXPENSES							
Services and miscellaneous goods	979,849.24	66,727.94	214,266.99	1,260,844.17			
Staffing costs	355,569.45	774,083.61	22,343.80	1,151,996.86			
Depreciations	24,871.04	7,203.40	-	32,074.44			
Other operational costs	1,129.93	3,548,799.97	-	3,549,929.90			
Financial costs	1,735.61	384.93	72.62	2,193.16			
Exceptional costs	7,717.25	392.04	-	8,109.29			
TOTAL EXPENSES	1,370,872.51	4,397,591.89	236,683.40	6,005,147.81			
REVENUES							
Donations, contributions, subsidies,	1,156,555.25	4,519,586.30	243,113.95	5,919,255.50			
Recovery	16,444.57	-	-	16,444.57			
Financial revenues	27,282.62	9,700.91	207.80	37,191.32			
Exceptional revenues	206.89	3,335.48	-	3,542.37			
TOTAL REVENUES	1,200,489.33	4,532,622.69	243,321.75	5,976,433.77			
NET ASSETS	-170,383.18	135,030.80	6,638.34	-28,714.04			

# **COMBINED BALANCE SHEET FOR 2015 - USD**

ASSETS				
Intangible fixed assets	-	1,461.54	-	1,461.54
Material fixed assets	395,957.02	10,287.42	-	406,244.44
Accounts receivable > 1 year	100,547.10	4,468.76	-	105,015.86
Accounts receivable < 1 year	222,521.29	1,516,621.34	13,406.28	1,752,548.91
Liquid assets	2,301,029.99	1,715,867.05	61,046.61	4,077,943.66
Deferred charges & accrued income	48,062.97	16,629.64	-	64,692.61
TOTAL ASSETS	3,068,118.36	3,265,335.76	74,452.89	6,407,907.01
LIABILITIES				
Funds of the association	1,376,194.88	561,061.99	19,614.50	1,956,871.38
Appropriated funds	-	201,524.37	-	201,524.37
Transferred loss	-46,097.55	-	-	-46,097.55
Provisions	-	25,639.51	-	-
Accounts payable < 1 year	483,400.85	334,018.04	48,200.05	865,618.93
Accruals and deferred income	1,425,003.36	2,008,061.05	-	3,433,064.41
NET ASSETS	-170,383.18	135,030.80	6,638.34	-28,714.04
TOTAL LIABILITIES AND NET ASSETS	3,068,118.36	3,265,335.76	74,452.89	6,407,907.01

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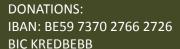
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