



MAENDELEO YOUTH CENTER-KIGOMA

BROTHERS OF CHARITY
DIOCESE OF KIGOMA
P.O. 612 – KIGOMA
TANZANIA

Report

on

Workshop / Seminar on drug abuse and prevention for the you and by the youth in
Kigoma region

Submitted by

Brother Gilbert K. Kilasa
Fracarita Country Coordinator - Tanzania

Approved by

Regional Director
Brothers of Charity-TANZANIA
Brother Gerard Simpamagaye

Project Title	Workshop / Seminar on drug abuse and prevention for the you and by the youth in Kigoma region
Name of the Beneficiary/Coordinator	<ul style="list-style-type: none"> <u>Name of the beneficiaries:</u> <p>Maendeleo Youth Centre, Kigoma</p> <p>Department of Social Action Against Drug Abuse (SAADA)</p> <ul style="list-style-type: none"> <u>Coordinator:</u> <p>Bro. Mupenda Anniceth Deo, fc.</p>

Contact details	Name: Maendeleo Youth Centre – Kigoma Address: Kaya Road Avenue / Kigoma District Postal code: 612 City: Kigoma Region Country: Tanzania E-mail: Phone:
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Co-beneficiaries and Associate Partners	<u>Co-beneficiaries</u> <ol style="list-style-type: none"> 75 Youth from different youth centers and youth actions. Youth parishioners. Educational schools surrounding Kigoma Municipality. Member of Religious Society. School's teachers Vocational trainings
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	<p>7. High Learning Institutions</p> <p>8. Fisheries Education and Training Agency (FETA-Kigoma)</p> <p><i>Associate Partners</i></p> <ol style="list-style-type: none"> 1. BASANGA YOUTH DEVELOPMENT, Facilitator. 2. Community Development Department, Social welfare – Kigoma-Ujiji Municipal Council, Governmental ambrella. 3. Fracarita Tanzania Foundation, Supervision. 4. Maendeleo Youth centre – Kigoma, Implimentation.
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Dates of project implementation	<p>Start date: 09th January 2016</p> <p>End date: 12th January 2016</p>
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Project website(s) (if applicable)	No website
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Estimated expenditure	Amount of Total needed: 3,800.00 Euros
Expenditure incurred	Amount of Total Eligible Costs: 3,950.00 Euros

Executive Summary of the project

Summary presenting:

1. Background information

1.1 Brothers of Charity

Brothers of Charity is a religious congregation that operates since 1807. It is a society started with young men who were supposed to take care of some elderly men.

In the beginning they were called “the hospital Brothers of Saint Vincent” and later due to their work of mercy people called them “Brothers of Charity”.

This small group which started in 1807, today they form an international congregation with branches in some 32 countries.

The Brothers of Charity were motivated with a certain apostolic mission of taking care of elderly persons. Today the Brothers of Charity and their co-workers are working with a motivation, aiming to help, assist and guide people in professional and competent way the need across the world:

- Persons suffering from a mental illness that can be acute or chronic;
- Persons with handicap be it mental, physical, visual or auditives;
- Persons affected with drug addicts;
- Young people in all types of education: Primary, Secondary, Higher, Special and distance education;
- Street children; orphanage
- Persons confronted with new types of poverty : aids patients, refugees,.....

1.2. Brothers of Charity in TZ

The Brothers of Charity are in Tanzania since 1987 and they were located in Tabora Region where they were taking care of a school of deaf people. This school exists up to now. In 1996; some Brothers arrived in Kigoma due to the war in Congo, Rwanda and Burundi; they then started one year later Maendeleo Youth Center; a center for street boys and orphans.

First responsible was the candidate of the Brothers of Charity from Burundi.

Kigoma Region is a place in which the Congregation of the Brothers of Charity have more than 12 social projects in different arias such as: general and special education, health care, youth centers, mental health care and care for people in need.

The Brothers of Charity are assisting some 30,000 congolese and 38,000 Burundians youth refugee in the camps and for many local youth struggling for surviving.

Fracarita International, Boeveriestraat 14, 8000 Brugge, Belgium

Tel.: +32 50 44 06 90 www.fracarita-international.org

Fracarita Tanzania Foundation , P.O.Box 612, Kigoma-Tanzania

Email addresses: sd.development.gilbert@boc-tz.org / sd.development.im@boc-tz.org

Tel: +255 7632 38594 / +255 7672 27024

Brothers of Charity in Tanzania still is developing new initiatives according to the need of local population in Great Lake Region and specially in the regions that are bordering with Tanzania in the West (Mpulungu in Zambia, Mabanda in Burundi, Kibondo in Tanzania, Uvira in Congo).

1.3 . The Maendeleo Youth Center

Maendeleo Youth Center – Kigoma is a center which has its own structure. It started in 1997; it has developed an “informal” system of education in order to approach marginalized youth; street and orphan boys and girls.

The Center is registered with No. KUMC/KGM/CBO/016 of 27 November 2014.

Members of Maendeleo Youth Center are involved in educational structure involving the outsider youth in participative sessions, trainings and seminars that they form youth who can train the others.

The methodology of “train the trainers” assists the center to reach the target group “I train you that you can also train the others”, hence by doing so the Youth Center promotes:

- Educational Activities
- Solidarity of youth with people in need
- Harmony and education through sports
- Cultural awareness of youth
- Initiatives of self-employment and development

Maendeleo Youth Center-Kigoma in collaboration with other local youth actions and Non-Government organizations like TADERO, KIVIDEA, YAAPA ; organized trainings mostly based on drugs abuse and Aids awareness; Social economical Sensitization skills....

- **Main goals and objectives of the project**

“Drug abuse” in Tanzanian context becomes a tangible case within the local population, where, young people and future generation become addicted.

Defining addiction, the term addiction is relatively old, but recently appeared in the medical world with the definition given by Aviel Goodman, American psychiatrist, in 1990.

"Addiction is a process in which behavior is achieved which operates to provide pleasure and relieve internal discomfort, and is characterized by the repeated failure of its control and persistence despite to negative consequences. "

“drug abuse” as an addiction, the implementation of the present project based on a listed goals covered as follows:

The main goals of the project is to create awareness on the drug abuse and the outcome from it for youth by the youth.

Training youth some skills and strategy on how to be able to avoid the use of drugs and how to do large sensitization to the young generation concerning the use of drugs and its bad outcomes.

As the achievement of the workshop is to create a “Generation of Youth” with a certain level of awareness in the sector of drug abuse. A certain number of lessons / sessions were given to a group of more than 100 youth, as a start that will spread the same skills to 1,000 youth within a period of 1 Year.

To reach the fixed goal for this project; a certain number of objectives were underline and will be achieved within a period of a Year from the end of the workshop/ seminar:

- Create awareness among youth on the use of drugs and provide them with tools for fighting it as diseases as encouraged by World Health Organization (WHO)
- Help youth to understand the danger that come afre the uses of drug physically psychologically and finacially.
- Reduce the number of youth who are addicted with drugs and alcohol.
- Develop a life for youth according to the social current life of the religious and faith sectors (Christians and Muslims).
- Deepen and strengthen to the Christians and Muslims faith sectors of youth through evangelization for Christians and Quran for Muslims.

- **A short description of the project activities:**

- Fundraising activities for the workshop / seminar

Mobilize resources before starting of the workshop / seminar. This step was done by Fracarita International.

- Dispatch the information / invitation to youth centers and youth actions and make publicity of the worksho / seminar.

75 participants from different youth centers within Kigoma Municipal, youth Parishioners, primary schools (standard 6 and 7), secondary schools and colleges were invited, different members from Religious sectors were invited.

The National Media (ITV, Star TV, Azam TV and Radio Joy,...) were invited

- Large communication of the event to the local associate partners

Invitation to the facilitators all levels (3 specialists were invited to facilitate the following seminar. 2 from Kigoma Region and 1 from Dar es Salaam).

- Implimenting the project.

Supervision of the workshop according to all planned activities for the seminar.

- Reporting activities for workshop / seminar.

The final report and evaluation will give the final figure of the result reached by the participant

as senior actors to the local community.

- **The key results of the project;**

The key results of the present project was based on how many participants avail to the seminar.

How active interactions were fluently undertaken during sessions, and the data base before The initiation of the implimented project.

Indicators of success (Results)	Source of information	Status before
Number of participant youth in workshop	Workshop statistics	Few youth were invited to their concern seminars
Number of seminars/ workshops organized	Local Government	Few seminars where organized
The choice of topics	- Workshop statistics - Regional Social services statistics	Not focussed on “Drug abuse”
Active participation of associates partners	Regional Social services statistics	Few Involvement of local associates partners.
Active participations from different schools, youth actions, colleges, high learning institutions	Workshop statistics	Non active participations Involved

- **The impact on the target group or other groups affected by the project within the Region**

The conception and the implimentation of the present project dealed not only with the target group but with groups affected by the project itself.

The impact on the target group reached even those who where not in the workshop’s sessions.

It as to be understood that this forum has opened a lot of doors on the profit of the local young population within Kigoma Region by merging and initial of the local authorities from Kigoma - Ujiji Municipal to make a decision and to act on the practical works related with creating awareness on the impact of drug abuse in the society and specially to the young generation of Kigoma – Ujiji Municipal that are the first victim.

The active participation of different colleges and high learning institutions within Kigoma Region shows the local governement authorities that; youth generation needs to learn

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and have more skills on the arising matters within the local society.

The presence of media during 3 days of workshop were also a great outfit to create awareness not only in Kigoma but elsewhere in the country. One should also know that the forum was published also by BBC Swahili on the 15th of January this year.

The awareness on drug abuse has gained a big impact to the well growth of the young generation who are the future of Tanzania.

Social welfare represented during the workshop, emphasized on the creation of awareness to the youngest concerning negative effect of drugs, and the significance of the future life of the youngest in Tanzania.

RESULTS AND IMPACT OF THE PROJECT

1.1. Main achievement and the results of the project

The main achievement of this project is the gathering of youth generation and raising awareness among them on drug abuse and prevention so that the number of addicted young stars can be reduced within Kigoma Region and Tanzania at large.

More than 150 youth from different parishes, high schools, colleges, high learning institutions; religious societies and youth association actively participated to the 3 days workshop/seminar on drug abuse and prevention.

Tangible result improved knowledge and increased awareness about drug abuse and its prevention.

The facilitator and the panel of experts during 3 days of workshop; were able to reveal consensus and diversity of participants' experience and background.

All participants involved in group discussions were youth generation with some experience according to their background in their local environment and families; hence it was easy to respond and interact.

The facilitators used both Kiswahili and English with aim to attract the attention of all participants.

Participants were able to comment and provide a tangible example on uses of drugs and providing precautions by creating workclubs.

This was an opportunity to get unexpected comments and new ideas, which make the topics stimulating by building a taskforce within participants as a technical system that gives a high quality of results as the main achievement of the project and open the door to the final debate for closing remark.

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1.2 Long-term impact and/or the multiplier effect of the project

- Period after following the completion of the Project.

The change that the project will bring to the young generation here in Kigoma , is the “behavior changes”.

The Tanzanian society needs young stars for the future life by being responsible on what they track as education’s system.

The government of Tanzania trusts young generation as future responsables and authorities of tanzanian governmental and private sectors. They are Human resources and develop capacities for each young star is an asset from the society.

To raise awareness to the youth and among them, it is a great step for them to focus on their future and on the “Behavior Change”.

Socio-economic’s conditions and its consequences will be observed during program’s activities about awareness and the prevention on use of drugs due to the fact that private sectors are the only action’s takers to look for funds. Such situation will affect either the organizer as the implimenting or the target groups and the winner of the project itself to fullfil and reaching their goals.

- Sustainability of the results

The results of the project to be sustained; is depending with the availability of financial sustainability to support the project and its activities.

Participants are available and motivated to make the project moving. Behavior changes for a human being either young or adult takes longer to be on the right decision making. As the start, during the workshop; organizer feels like still has to work on the raising of awareness and

Drug privenction as a tool to recover addict youngstars and also to make young generation ambassadors to a big sensitization about the matter arrised.

The organization as Fracarita Tanzania, through its international partners and local partners will work closely to the new structure of resource’s funding as basic needs to develop other activities, programs, seminars/ workshops on the similar topic on the developmental personality of young generation.

1.3 Conclusions and recommendations

- Conclusion

Drug abuse still is a big problem that face by the young generation in Tanzania and it is a challenge to the local population and it’s government.

To raise awareness on the negative impact that occurs when using drugs, it is the only and strategic way to attract attention of the victim and those who are still sober so that, the victim can come to the reduction of their addiction and that those sobers can be ambassadors in raising awareness on drug abuse and its prevention.

The aim of starting this program, is that the participants which present 10 youth centers, 8 youth actions and the benefit was provided to 1,000 youth for a period of a year. 1,000 youth are covering 6 districts that are within Kigoma region (Kigoma Town, Kasulu, Buhigwe, Kibondo, Kankoko and Uvinza). Most of the 1,000 youth are from the most forgotten and deprived communities within the region itself.

Maendeleo Youth Center through its program under the Department of Social Action Against Drug Abuse (SAADA) has no doubt that the program on awareness and prevention on drug abuse will have a positive impact on behavior changes and to reach its goals and mission to the local society of Kigoma.

- Recommendations

On the final debate at the end of 3 days workshop; the Kigoma – Ujiji Municipal represented by the Head Officer of Community development and Social Welfare recommended and encouraged the following activities to be taken in consideration and come to the implementation time with active frequencies :

- I. Group workshops (especially using grouping and sorting) with target group.
- II. Interview with the young people,
- III. Finding existing information
- IV. General Workshops
- V. Annual forum on drug abuse

These activities will be taken in consideration by the local government's authorities and that not only for fulfilling the vision and mission of Maendeleo Youth Center-Kigoma, but they will help to reduce the addiction for the use of drugs within young generation in Kigoma Region and in Tanzania in General.

1.4 Testimonies

TERESA-W. MAIN
KIGOMA DIOCESE

NEW MANA INSTITUTE OF SOCIAL WORKER
ACADEMIC MASTERS OFFICE
P.O BOX -
KIGOMA

10/12/2015

REF,

- (1) Imetusaiaia kufahamu habua za kupata ilikumsaiaia mhu anayetumia madawa ya kuleuya.
 - (2) Imetusaiaia kujua mambo ambayo yanaweza kumusababisha mhu ~~aka~~ akajiingiza kwenye madawa ya kuleuya.
 - (3) Tukafahamu madhara yabikanayo na mahumizi ya madawa ya kuleuya.
 - (4) Tukafahamu aina mbalimbali za madawa ya kuleuya.
 - (5) Jinsi ya kujikinga na uhumizi wa madawa ya kuleuya.
 - (6) Kazi ya selikali katika kudhibiti uhumizi wa madawa ya kuleuya.
 - (7) Vijana waseme NO kwa madawa ya kuleuya.
- Tanzania inawezekana bila madawa ya kuleuya

My name is Mwanjasi Juma, am the student of Newman Institute of social work level 5. Am writing this letter to give my comment on the Drug-abuse seminar/workshop that was conducted - 8th - 9th January 2016 in Multipurpose Hall at Newman Institute of Social Work.

On my side the seminar was good in general, - that means it was conducted in a way that every participant was comfortable. The trainer tries his best to give narration about drug abuse and drug addiction, he also gives examples which generate more understanding, he also uses pictures and power point for more understanding of drug abuse and drug addiction.

The venue was big enough, we were comfortable, much air, enough chair which fit all-people which were present. Also the food was nice and every person was able to get it.

Am glad that now I have the certificate of drug abuse, it will help me on my studies and I promise I will be an ambassador using the knowledge I got to educate youth in the community.

SOULEYIMAN A. SAIDI
FETA – KIGOMA
Tel: 067 134 9861

Kigoma, 12th January 2016

To: The brothers of Charity – Tanzania
P.O. Box 612 – Kigoma,

Testimony

The title above,

I wish to share with you my words of thanks to Our Lord who has helped and being with us for the 3 days of workshop on drug abuse.

This opportunity was a great time to us as youth generation to gather together and discuss about tangible diseases "Drug abuse" that our fellow brothers and sisters are facing and that are victims.

What we shared during the first two days was our experiences from our own life and for 3rd day as the last one of our seminar; we learned to keep together our differences and to come to a decision of fighting the use of drugs.

May we be ambassadors to our own friends, brothers and sisters who are facing the use of drugs, that they may reduce their addictions by creating team working and basing to a "behavior changing."

As the representative of the municipal of Kigoma-Ujiji said and wishes, may these programs came as in habitude to our authorities, to the non-governmental organizations such as Fracarita Tanzania, Maendeleo Youth Centre and other organizations with good will in changing of humanity; to meet people, young stars, By organizing gathering's forums; work team's groups; and talk with us and heal from us. I am sure, we as youth will change the world.

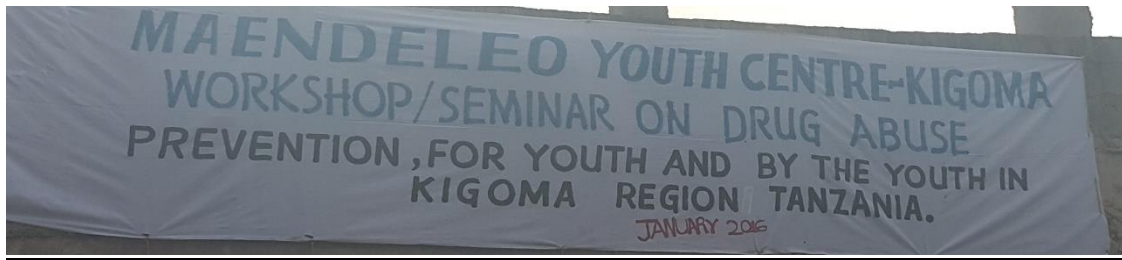
"Better Tanzania; is Tanzania without drugs"

Thanks to the organizer and its partners.



Souleyman Souley Said

1.5 Pictures





Participants during workshop

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Facilitator



the Governmental Representative
Head Officer of Community development and
Social welfare.



Debate Panel



Group discussions and sharing



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Certification and photo of the group (a part of participants) on the workshop.